

Plass	Navn	Klubb / Team	Nat	Startnr	Tid	Etter
Alle 5 km						
1	Haakon Vaaga	Haugesund Triathlonklubb	NOR	1070	15:53.0	00:00.0
2	Nils Haktor Bua	Spirit Friidrett	NOR	1192	17:00.0	01:07.0
3	Eirik Støle	Haugesund	NOR	1163	17:06.0	01:13.0
4	Marcus Conesa	BSF Løpegruppe	NOR	64	17:14.0	01:21.0
5	Niklas Rasmussen	Løpegutter	NOR	1138	17:22.0	01:29.0
6	Per Steinsvåg	Hydro Karmøy	NOR	98	17:23.0	01:30.0
6	Daniel Sandhåland	Karmøy Svømmeklubb	NOR	469	17:23.0	01:30.0
8	Endre Snørteland	Haugesund	NOR	1322	17:26.0	01:33.0
9	Jonas Osmundsen	Haugesund	NOR	1248	17:40.0	01:47.0
10	Thomas Lampe	Haugesund	NOR	1308	17:51.0	01:58.0
11	Trond Kaldheim	Deep Ocean	NOR	1057	18:01.0	02:08.0
12	Erlend Osland Kjærgård	Kopervik IL	NOR	764	18:12.0	02:19.0
13	Ådne Fjellanger	Håvik	NOR	125	18:21.0	02:28.0
14	Eirik Helland	Aksdal	NOR	851	18:35.0	02:42.0
15	Mads Østreng Veland	Aibel	NOR	1173	18:36.0	02:43.0
16	Elias Gaupås	Kopervik	NOR	669	18:39.0	02:46.0
17	Ingvar Karlsen	Åkrehamn	NOR	196	18:43.0	02:50.0
18	Håkon Solberg	Håvik	NOR	639	18:44.0	02:51.0
19	Fredrik Nordhaug	Grødem Runners	NOR	256	18:48.0	02:55.0
20	Rune Finne	KCC	NOR	301	18:50.0	02:57.0
21	Werner Nygård	Bømlo hus AS	NOR	1250	18:55.0	03:02.0
22	Ingrid Malene Gramshaug	Boosttrening	NOR	248	18:58.0	03:05.0
22	Endre Thorvaldsen	Kopervik	NOR	815	18:58.0	03:05.0
24	Anders Høyland Larsen	Haugesund Triathlon Klubb	NOR	24	18:59.0	03:06.0
25	Bjarte Alne	Equinor BIL Kårstø	NOR	652	19:04.0	03:11.0
26	Helene Haavik	Boost	NOR	1242	19:05.0	03:12.0
27	Evald Bjørnevik	Skjold Kfuk-Kfum-Speidarar	NOR	656	19:06.0	03:13.0
28	Lucas Kidess	SK Nord	NOR	386	19:14.0	03:21.0
28	Alexander Steinsøy	Speira As	NOR	498	19:14.0	03:21.0
28	Erlend Skeisvoll	Sabb Sprint / Equinor BIL	NOR	1009	19:14.0	03:21.0
31	Joakim Bruland	Vikebygd	NOR	1325	19:21.0	03:28.0
32	Halvor Forberg	Nordlo Running Club	NOR	664	19:23.0	03:30.0
33	Geir Arne Vassnes	Speira	NOR	213	19:24.0	03:31.0
34	Audvin Jansen	HIL - Haugesund Idrettslag	NOR	586	19:26.0	03:33.0
34	Arnstein Tyse Hansen	Karmøy Løpeklubb	NOR	1115	19:26.0	03:33.0
36	Tor Malmin	Haugesund Idrettslag	NOR	257	19:27.0	03:34.0
36	Henry Veigner	Haugesund Idrettslag	NOR	391	19:27.0	03:34.0
36	Olav Veigner	Haugesund Idrettslag	NOR	392	19:27.0	03:34.0
39	Morten Haaland Milje	Haugesund	NOR	342	19:32.0	03:39.0
39	Liam Westerheim Flotve	Suil	NOR	964	19:32.0	03:39.0
41	Lars Ove Hole	Torvastad	NOR	775	19:35.0	03:42.0
42	Benjamin Klubben	Torvastad	NOR	854	19:36.0	03:43.0
43	Øyvind Aksland	Stegaberg IL	NOR	279	19:48.0	03:55.0
43	Arne Johannessen	Hydro BIL / Sabb Sprint	NOR	1211	19:48.0	03:55.0
45	Torvald Bjørhovde	Haugesund	NOR	1265	19:53.0	04:00.0
46	Mathias Lande	The Basic Run Club	NOR	578	19:54.0	04:01.0
46	Torodd Nilsen	Sveio	NOR	1011	19:54.0	04:01.0
48	Sondre Hundsnes	Skjoldastraumen	NOR	493	19:56.0	04:03.0
48	Ina Isotalo	Karmsund	NOR	1081	19:56.0	04:03.0

Alle 5 km

50	Karen Haavik	Karmsund	NOR	1056	19:57.0	04:04.0
51	Christer Orre Hult	Kopervik	NOR	783	19:58.0	04:05.0
52	Aleksander Uri	Sveio	NOR	138	20:01.0	04:08.0
53	Kurt Elias Cathcart	Ådland	NOR	1307	20:04.0	04:11.0
54	Vebjørn Sørbotten	Equinor BIL Kårstø	NOR	1193	20:06.0	04:13.0
55	Arve Eliassen	Haugesund	NOR	344	20:08.0	04:15.0
56	Håkon Larsen	HTK	NOR	1019	20:11.0	04:18.0
57	Hans Jacob Sausjord	Team Kroken Haugaland	NOR	1039	20:14.0	04:21.0
58	Leif Halvorsen	Billfinger	NOR	945	20:15.0	04:22.0
59	Kasper Grindhaug	Åkra II	NOR	808	20:16.0	04:23.0
60	Oliver Eldøy	Sagvåg	NOR	191	20:18.0	04:25.0
60	Sindre Ness	Haugesund	NOR	611	20:18.0	04:25.0
62	Jarand Reiersen	Haugesund	NOR	460	20:20.0	04:27.0
62	Anders Kristiansen	Kopervik	NOR	905	20:20.0	04:27.0
62	Ivar Erslund	Haugesund	NOR	1238	20:20.0	04:27.0
65	Simeon Sund	Veavågen	NOR	1054	20:22.0	04:29.0
66	Ida Gabrielsen	Haugesund	NOR	967	20:24.0	04:31.0
67	Håvard Larsen	Vard	NOR	1020	20:32.0	04:39.0
68	Astrid Lothe	Hydro	NOR	1263	20:36.0	04:43.0
69	Anne Kari Vikingstad	Torvastad	NOR	1292	20:37.0	04:44.0
70	Stian Strander	Haugesund	NOR	389	20:38.0	04:45.0
71	Olena Grindhaug	Åkrehamn	NOR	838	20:39.0	04:46.0
71	Daniel Eriksson	Kopervik	NOR	888	20:39.0	04:46.0
73	Kjell Flotve	Hydro BIL	NOR	963	20:41.0	04:48.0
74	Tuva Åserud	Skjold	NOR	94	20:43.0	04:50.0
74	Ola Dybdahl	Kolnes	NOR	133	20:43.0	04:50.0
74	Einar Magne Storhaug	Falkeid IL	NOR	1151	20:43.0	04:50.0
77	Erik Gjertsen	Kopervik	NOR	833	20:44.0	04:51.0
77	Alf Smelvær	Stol	NOR	882	20:44.0	04:51.0
79	Mari Stranden Knutsen	Team få Holme i Form	NOR	1055	20:45.0	04:52.0
80	Hannes Rausch Simonsen	Haugesund	NOR	456	20:54.0	05:01.0
80	Christoffer Rydningen	Haugesund	NOR	574	20:54.0	05:01.0
82	Bent R Mikalsen	Torvastad	NOR	200	20:55.0	05:02.0
83	Jan Magne Dybvik	Torvastad	NOR	530	20:58.0	05:05.0
83	Kjetil Jakobsen	Åkrehamn	NOR	705	20:58.0	05:05.0
83	Jenny Marie Vaage	Haugesund	NOR	731	20:58.0	05:05.0
86	Agnes Synnøve Gjertsen	Kopervik	NOR	830	20:59.0	05:06.0
87	Marius Lund	Kristiansand S	NOR	239	21:00.0	05:07.0
88	Vivian Kyte	Stegaberg IL	NOR	1290	21:01.0	05:08.0
89	Markus Rygh	Sabb Sprint	NOR	72	21:02.0	05:09.0
89	Sander André Søndeland	Hydro Aluminium	NOR	145	21:02.0	05:09.0
91	Caroline Hansen	Skudeneshavn	NOR	1087	21:03.0	05:10.0
92	Theo Vikse	Åkrehamn	NOR	883	21:06.0	05:13.0
93	Henrik Alsaker		NOR	1337	21:09.0	05:16.0
94	Knut Ystaas	Vormedal	NOR	778	21:12.0	05:19.0
95	Andreas Ulland Andersen	Karmsund	NOR	612	21:13.0	05:20.0
96	Johan Thorsen	Haugesund Idrettslag	NOR	602	21:16.0	05:23.0
96	Michael J U Taljaard	Haugesund	NOR	866	21:16.0	05:23.0
98	Hanne Steinstø	Håvik	NOR	521	21:18.0	05:25.0
98	Jonathan Hovland	Åkra G12	NOR	791	21:18.0	05:25.0

Alle 5 km

98	Trond Johannessen	Haugesund	NOR	1298	21:18.0	05:25.0
101	Morten Eide	Stavanger	NOR	1028	21:19.0	05:26.0
101	Bern Stian Ørjansen	Kopervik	NOR	1034	21:19.0	05:26.0
103	Jan Rune Nuland	Team Sportsmanden	NOR	102	21:22.0	05:29.0
104	Maria Alendal Kallevik	Karmsund	NOR	615	21:25.0	05:32.0
104	Vidar Buhl	Kopervik	NOR	1116	21:25.0	05:32.0
106	Knut Eirik Kringeland	Haugaland Ultraløperklubb	NOR	576	21:27.0	05:34.0
107	Knut Ove Kyte	Førresfjorden	NOR	1207	21:29.0	05:36.0
108	Vemund Vikingstad	Torvastad	NOR	1293	21:31.0	05:38.0
109	Jon Arnold Log	HIL	NOR	898	21:32.0	05:39.0
110	Stine Takla Oppedal	Haugesund	NOR	57	21:33.0	05:40.0
110	Eline Kristoffersen	Åkrehamn	NOR	183	21:33.0	05:40.0
110	Filip Tolås Jensen	Haugesund	NOR	1289	21:33.0	05:40.0
113	Leon Mannes	Åkra Idrettslag	NOR	695	21:34.0	05:41.0
113	Live Anfinen Haaland	Boost Trening	NOR	1181	21:34.0	05:41.0
115	Elise Fjeldheim	Haugesund	NOR	1113	21:36.0	05:43.0
116	Toralf Kristoffersen Gjertsen	Kopervik	NOR	834	21:38.0	05:45.0
117	Roar Larssen	Haugesund	NOR	614	21:39.0	05:46.0
117	Tom Christian Vedøy	Equinor BIL	NOR	629	21:39.0	05:46.0
119	Eivind Nielsen	Kopervik	NOR	15	21:40.0	05:47.0
119	Frederik Vatland	Haugesund	NOR	23	21:40.0	05:47.0
119	Adrian Adelsten	Åkrehamn	NOR	950	21:40.0	05:47.0
122	Olav Våge	Haugesund	NOR	999	21:41.0	05:48.0
123	Aslak Fjell	Åkrehamn	NOR	190	21:43.0	05:50.0
123	Camilla Tjelle Waage	Stegaberg IL	NOR	687	21:43.0	05:50.0
123	Monica Rasmussen	Haugesund	NOR	1022	21:43.0	05:50.0
126	Ole Dalva	Førresfjorden	NOR	154	21:44.0	05:51.0
127	Peter Sonnenberg	Haugesund Idrettslag	NOR	255	21:45.0	05:52.0
128	Johanna Grindhaug	Oslo	NOR	452	21:47.0	05:54.0
129	Henrik Våge	Avaldsnes	NOR	1251	21:50.0	05:57.0
130	Torvald Grønningen	Torvastad	NOR	529	21:53.0	06:00.0
131	Endre Haugen Dommersnes	Torvastad	NOR	1125	21:55.0	06:02.0
132	Knut Johan Gustavsen	Åkra G12	NOR	804	21:56.0	06:03.0
132	Alf Harry Andersen	Torvastad	NOR	1286	21:56.0	06:03.0
134	Ingeborg Døsen Nesse	Haugesund	NOR	165	21:57.0	06:04.0
135	Kristian Vold	Kopervik	NOR	914	21:59.0	06:06.0
135	Reidar Grønnestad	Kopervik	NOR	1035	21:59.0	06:06.0
137	Tore Hope	Nes Ølbryggerlag	NOR	220	22:02.0	06:09.0
137	Geir Kallevik	Åkrehamn	NOR	996	22:02.0	06:09.0
137	Sofia Isotalo	Stavanger	NOR	1083	22:02.0	06:09.0
140	Asgeir Johnsen	Haugesund	NOR	1224	22:04.0	06:11.0
141	Jakob Reidar Vik	Sævelandsvik	NOR	395	22:06.0	06:13.0
142	Ørjan Hauge Hansen	Kopervik	NOR	908	22:08.0	06:15.0
143	Markus Eikemo-Tørring	Haugesund	NOR	970	22:10.0	06:17.0
144	Elin Solvang Eide	Kopervik	NOR	1167	22:11.0	06:18.0
145	Benjamin Fauskanger		NOR	1339	22:13.0	06:20.0
146	Astrid Ekrem	Mandagsjabben / Haugesund Tannmedisin	NOR	571	22:14.0	06:21.0
146	Jarle Hammersvik	Haugesund	NOR	736	22:14.0	06:21.0
146	Kjetil Vold	Kopervik	NOR	975	22:14.0	06:21.0
149	Johan Grinde	Haugesund	NOR	1168	22:16.0	06:23.0

Alle 5 km

149	Odin Qvale		NOR	1324	22:16.0	06:23.0
151	Jonas Qvale	Hydro	NOR	390	22:17.0	06:24.0
151	Knut Mjåseth	Skudeneshavn	NOR	679	22:17.0	06:24.0
153	Torodd Alvestad Jonsen	Kopervik	NOR	648	22:18.0	06:25.0
154	Rune Hasselquistlarsen	Åkrehamn	NOR	733	22:20.0	06:27.0
155	Dong Zhang	Oslo	NOR	1094	22:21.0	06:28.0
156	Thorbjørn Birkeland	Haugesund	NOR	1150	22:22.0	06:29.0
157	Thomas K. Gloppen	Haugesund	NOR	54	22:24.0	06:31.0
157	Iver Roaldsøy		NOR	1334	22:24.0	06:31.0
159	Maria Storstein	Nobil Haugesund	NOR	42	22:26.0	06:33.0
160	André Torgersen	Boost Trening	NOR	245	22:28.0	06:35.0
160	Trond Idar Greiner	Kopervik	NOR	1044	22:28.0	06:35.0
162	Hjalmar Fjell Simonsen	Åkra G12	NOR	58	22:30.0	06:37.0
162	Gøran Rognaldsen	Åkrehamn	NOR	928	22:30.0	06:37.0
164	Linda Holm	Sandnes	NOR	19	22:32.0	06:39.0
164	Erlend Moe	Skjold	NOR	762	22:32.0	06:39.0
166	Bjarne Blom	Hts	NOR	385	22:36.0	06:43.0
166	Oddbjørn Sunde	Karmsund	NOR	623	22:36.0	06:43.0
168	Espen Sund	Kopervik	NOR	127	22:42.0	06:49.0
169	Philip Eide	Sævelandsvik	NOR	856	22:45.0	06:52.0
169	Johannes Hole	Torvastad	NOR	1046	22:45.0	06:52.0
171	Fredrik Sævareid Haugeberg	Åkra G12	NOR	794	22:47.0	06:54.0
172	Geir Olsen	Speira Karmøy Maraton	NOR	709	22:50.0	06:57.0
172	Håvard Vågen	Torvastad	NOR	1021	22:50.0	06:57.0
174	Karoline Brummenæs	Haugesund	NOR	1249	22:51.0	06:58.0
175	Jostein Nordstrøm	Haugesund	NOR	241	22:55.0	07:02.0
175	Leif Egil Helgesen	Skudeneshavn	NOR	492	22:55.0	07:02.0
177	Kenneth Johansen	Haugesund Triathlon Klubb	NOR	527	22:56.0	07:03.0
178	Rolf Erik Ingebretsen	Equinor	NOR	86	22:57.0	07:04.0
178	Marita Grundberg Pedersen	Karmsund	NOR	626	22:57.0	07:04.0
180	Kjell Elias Kristoffersen	Pinnan Krokettklubb	NOR	957	22:58.0	07:05.0
180	Kasper Bruland	Aksdal	NOR	1327	22:58.0	07:05.0
182	Bjørn Tore Ytreland	Sabb Sprint	NOR	654	23:00.0	07:07.0
182	Marcin Ufnal	Karmsund	NOR	923	23:00.0	07:07.0
184	Jarle Grindhaug Knutsen	Veavågen	NOR	714	23:03.0	07:10.0
184	Henning Hasselquist Larsen	Åkra IL	NOR	942	23:03.0	07:10.0
186	Håkon Øie	Åkrehamn	NOR	369	23:08.0	07:15.0
187	Hemnes Eirik	Åkra G12	NOR	800	23:09.0	07:16.0
188	Lars Andre Hognaland	Kopervik	NOR	376	23:10.0	07:17.0
189	Geir Dybdahl	Kopervik	NOR	205	23:11.0	07:18.0
190	Silje Broen	Kopervik	NOR	1134	23:12.0	07:19.0
190	Fillip Einarsen	Åkra IL	NOR	1145	23:12.0	07:19.0
192	Gaute Torgersen	Tysværvåg	NOR	642	23:17.0	07:24.0
192	Lorents Emil Amdal	Stegaberg	NOR	995	23:17.0	07:24.0
194	Håvard Fidjeland	SK Vedavåg	NOR	948	23:18.0	07:25.0
195	Nils-Erik Jensen	Haugesund	NOR	1237	23:19.0	07:26.0
196	Roald Lilletvedt	Tosk	NOR	21	23:20.0	07:27.0
196	Gunnstein Alne	Vormedal	NOR	124	23:20.0	07:27.0
198	Ole Egil Flotve	Sævelandsvik	NOR	726	23:23.0	07:30.0
198	Evan Blavik	Åkra G12	NOR	805	23:23.0	07:30.0

Alle 5 km

200	Martin Nessa	Unisea AS	NOR	308	23:24.0	07:31.0
200	Johannes Owe Ersland	HIL Friidrett	NOR	1239	23:24.0	07:31.0
202	Jannicke Jakobsen	Himkok	NOR	166	23:25.0	07:32.0
203	Einar Mannes	Åkra G12	NOR	802	23:26.0	07:33.0
204	Simen Espeland	Haugesund	NOR	474	23:27.0	07:34.0
205	Kjetil Simonsen	Kopervik	NOR	1280	23:29.0	07:36.0
206	Odd Kåre Alfheim	Kopervik	NOR	1336	23:30.0	07:37.0
207	Michelle Gjerde	Aksdal	NOR	73	23:33.0	07:40.0
207	Leif Lie	Vormedal	NOR	784	23:33.0	07:40.0
207	Sveinung Kallevåg	Haugesund	NOR	1269	23:33.0	07:40.0
210	Bente Fiskaaen	Haugesund	NOR	649	23:34.0	07:41.0
210	Glenn Ivan Hemnes	Åkra G12	NOR	1024	23:34.0	07:41.0
212	Linnea Pawells Nordbø	Sandve	NOR	161	23:35.0	07:42.0
213	Eivind Dybdahl	Haugesund IL / Expro	NOR	131	23:38.0	07:45.0
214	Leon Westerheim Flotve	Suil	NOR	965	23:40.0	07:47.0
215	Håvard Odland Waage	Tysværvåg	NOR	665	23:44.0	07:51.0
215	Rolf Gjermund Fjeldheim	Skjoldar	NOR	696	23:44.0	07:51.0
217	Mandius Reiersen-Nesheim	Karmsund	NOR	580	23:45.0	07:52.0
217	Geir Auestad	Karmsund	NOR	672	23:45.0	07:52.0
219	Angela Stelander	Vormedal	NOR	26	23:47.0	07:54.0
219	Kamilla Sunde	Kopervik	NOR	625	23:47.0	07:54.0
219	Siri Meland	Haugesund	NOR	1160	23:47.0	07:54.0
222	Thorstein Holtskog	Haugesund	NOR	242	23:49.0	07:56.0
223	Atle Opsal	Vikedal	NOR	83	23:50.0	07:57.0
224	Idar Simonsen	Haugesund	NOR	455	23:53.0	08:00.0
224	Jan Inge Hegglund	Karmsund	NOR	840	23:53.0	08:00.0
224	Aron Birkeland Nilsen	Åkrehamn	NOR	1305	23:53.0	08:00.0
227	Roberto Andre Ritland	Kopervik	NOR	728	23:56.0	08:03.0
227	Gøran Blavik		NOR	1314	23:56.0	08:03.0
229	Kjetil Berg	Sandnes	NOR	50	23:59.0	08:06.0
230	Mona Tyssøy	Karmsund	NOR	80	24:00.0	08:07.0
231	Monica Jakobsen	Åkrehamn	NOR	114	24:01.0	08:08.0
231	Lone Berg Ness	Haugesund	NOR	926	24:01.0	08:08.0
231	Kristin Fidjeland	Veavågen	NOR	949	24:01.0	08:08.0
234	Ole Reiersen	Hydro	NOR	545	24:03.0	08:10.0
234	Philip Fylkesnes	Åkra IL	NOR	673	24:03.0	08:10.0
234	Stava Haldor	Åkra G12	NOR	799	24:03.0	08:10.0
234	Ellen Torland Mannes	Karmøy Løpeklubb	NOR	1085	24:03.0	08:10.0
238	Lene Larsen	Åkrehamn	NOR	523	24:04.0	08:11.0
238	Karl Henry Eikeskog	Uptime	NOR	562	24:04.0	08:11.0
240	Guro Storesund	Haugesund	NOR	754	24:06.0	08:13.0
241	Alexander Sørensen	Vormedal	NOR	577	24:08.0	08:15.0
241	Sannah Ådland	Åkra IL Jenter 2011 Håndball	NOR	867	24:08.0	08:15.0
241	Helge Rossebø	Haugesund	NOR	868	24:08.0	08:15.0
244	Robin Ingemann Hansen	Stegaberg IL	NOR	1291	24:11.0	08:18.0
245	Linn Turid Kristoffersen	Åkrehamn	NOR	20	24:12.0	08:19.0
245	Mari Ryggboge	Kopervik	NOR	593	24:12.0	08:19.0
245	Trine Grønnestad Ørjansen	Kopervik	NOR	1033	24:12.0	08:19.0
248	Simon Nes	Åkra G12	NOR	796	24:13.0	08:20.0
248	Eirik Bu Sjøen	Åkrehamn	NOR	956	24:13.0	08:20.0

Alle 5 km

250	Emine Karlsen	Åkrehamn	NOR	197	24:14.0	08:21.0
251	Markus Taraldsøy Østebøvik	Haugesund	NOR	382	24:18.0	08:25.0
251	Levi Westerheim Flotve	Suil	NOR	966	24:18.0	08:25.0
253	Stian Lundegaard	Haugesund	NOR	264	24:19.0	08:26.0
254	Maria Oftedal	Haugesund	NOR	299	24:21.0	08:28.0
254	Erik Hatløy Einarsen	Åkrehamn	NOR	480	24:21.0	08:28.0
256	Leiv Andreas Austreid	Kopervik	NOR	589	24:22.0	08:29.0
256	Jeanette Johnsen Schultz	Haugesund	NOR	650	24:22.0	08:29.0
256	Sigmund Aas	Karmsund	NOR	1297	24:22.0	08:29.0
259	Emilie S. Thorvaldsen	Kopervik	NOR	289	24:24.0	08:31.0
260	Tore Paulsen	Kopervik	NOR	362	24:25.0	08:32.0
261	Philip Grushko Yrke	Kopervik	NOR	774	24:26.0	08:33.0
262	Daniel Rikstad	Kopervik	NOR	901	24:28.0	08:35.0
262	Elias Høyland	Kopervik	NOR	1029	24:28.0	08:35.0
264	Espen Nikolaisen	Karmsund	NOR	377	24:30.0	08:37.0
264	Erlend Moldesæther	Haugesund	NOR	1331	24:30.0	08:37.0
266	Michael Jørgensen Jørgensen	Haugesund	NOR	260	24:33.0	08:40.0
266	Sofie Aksland	Aksdal	NOR	280	24:33.0	08:40.0
266	Heine Hemnes	Åkrehamn	NOR	433	24:33.0	08:40.0
266	Jon Elias Haga Vikshåland	Kopervik	NOR	686	24:33.0	08:40.0
266	Hanna Larsen	Åkra J15	NOR	943	24:33.0	08:40.0
266	Ida Eikeskog	Kopervik	NOR	1095	24:33.0	08:40.0
272	Linnéa Sveen	Sveio	NOR	112	24:35.0	08:42.0
272	Monika Øvrebø	Boost	NOR	507	24:35.0	08:42.0
274	Eldbjørg Austevik	Tysværåvåg	NOR	575	24:36.0	08:43.0
274	Victoria Valen Hafsmo	Haugesund	NOR	595	24:36.0	08:43.0
276	Heidi Rønnevik Yven	Karmøy Løpeklubb	NOR	225	24:37.0	08:44.0
276	Jørgen Lund-Nilsen	Åkra G12	NOR	807	24:37.0	08:44.0
278	Silje Røgenes	Karmsund	NOR	394	24:38.0	08:45.0
279	Lene Tysse Stakland	Førresfjorden	NOR	156	24:39.0	08:46.0
280	Fredrik Hamre Prytz	Haugesund	NOR	756	24:40.0	08:47.0
280	Jesper Ånensen	Åkra G12	NOR	803	24:40.0	08:47.0
282	Idunn Storesund	Haugesund	NOR	755	24:41.0	08:48.0
283	Marius Østevik	Åkra G12	NOR	793	24:42.0	08:49.0
284	Berit Johanne Folkedal	Håvik	NOR	1174	24:43.0	08:50.0
285	Mila Tolo	HIL	NOR	69	24:45.0	08:52.0
285	Lisa Skarvatun	Boost Trening	NOR	341	24:45.0	08:52.0
285	Herman Schultz	Haugesund	NOR	651	24:45.0	08:52.0
288	Stian Nicolaisen	Haugesund	NOR	259	24:46.0	08:53.0
288	Oliver Selliken Olsen	Skudeneshavn	NOR	873	24:46.0	08:53.0
290	Thomas S. Skarsgård	Hydro	NOR	378	24:47.0	08:54.0
290	Thea Louise Skarsgård	Haugesund	NOR	940	24:47.0	08:54.0
292	Oddgeir Larsen	Førresfjorden	NOR	951	24:48.0	08:55.0
292	Didrik Alvestad	Bokn Sau og Geit	NOR	1000	24:48.0	08:55.0
294	Sander Kristoffersen Nilssen	Åkra il	NOR	698	24:49.0	08:56.0
294	Knut Magne Sjo Fagerland		NOR	1074	24:49.0	08:56.0
296	Terese Tjelle	Haugesund	NOR	221	24:53.0	09:00.0
296	Hannah Lauser	Haugesund	NOR	850	24:53.0	09:00.0
298	Mari Jensen	Haugesund	NOR	1246	24:55.0	09:02.0
299	Jan Vidar Wiik	Skudeneshavn	NOR	494	24:56.0	09:03.0

Alle 5 km

299	Marit Einarsen	SK Vedavåg Karmøy	NOR	1201	24:56.0	09:03.0
301	Tommy Bygnes	Kopervik	NOR	139	25:00.0	09:07.0
302	Jan Birger Dagsland	Haugesund	NOR	420	25:01.0	09:08.0
303	Aksel Sjørusen	Haugesund	NOR	30	25:02.0	09:09.0
304	Mai Le Flemmen	Bergen	NOR	449	25:03.0	09:10.0
305	Therese Knædal	Therese Knædal / Seam BIL	NOR	846	25:05.0	09:12.0
305	Simon Nyhamn	Åkrehamn	NOR	1313	25:05.0	09:12.0
307	Marius Alexander Risløv	Åkra IL	NOR	662	25:06.0	09:13.0
307	Frida Lund-Nilsen	Åkrehamn	NOR	861	25:06.0	09:13.0
309	Alf David Rosslund	Sævelandsvik	NOR	860	25:09.0	09:16.0
310	Rune Næss	Skudeneshavn	NOR	454	25:10.0	09:17.0
311	Amelia Pawells Nordbø	Sandve	NOR	162	25:12.0	09:19.0
311	Caroline Tjøland	Veavågen	NOR	781	25:12.0	09:19.0
313	Kjersti Thorsen Meland	Haugesund	NOR	405	25:13.0	09:20.0
313	Joakim Pedersen	Haugesund	NOR	1302	25:13.0	09:20.0
315	Estefanie Varas	Haugesund	NOR	559	25:14.0	09:21.0
316	Simon Løvvik	Haugesund	NOR	1126	25:15.0	09:22.0
317	Lars Martin Friberg	Veavågen	NOR	92	25:17.0	09:24.0
317	Marco Dekkers	Hydro BIL	NED	137	25:17.0	09:24.0
319	Hermine Wiik	Skudeneshavn	NOR	496	25:18.0	09:25.0
319	Henrik Larsen	Åkra G12	NOR	801	25:18.0	09:25.0
321	Morten Meland	Haugesund	NOR	404	25:19.0	09:26.0
322	Christian Våge	Søra Tysvær #Lavterskel	NOR	157	25:20.0	09:27.0
322	Per Arne Steinstø	Karmsund	NOR	980	25:20.0	09:27.0
322	Kristian Strand	Team LUS	NOR	1282	25:20.0	09:27.0
325	Andreas Tørring	Haugesund	NOR	900	25:22.0	09:29.0
326	Patrick Aagesen Velde	Unisea AS	NOR	315	25:24.0	09:31.0
326	Alexander Sunde Myge	Kopervik	NOR	432	25:24.0	09:31.0
326	Idun Hansen	Boost Trening	NOR	1206	25:24.0	09:31.0
329	Daniel Solberg	Åkrehamn	NOR	399	25:26.0	09:33.0
330	Kuba Modrzejewski	Håvik	POL	1260	25:29.0	09:36.0
331	Preben Hevrøy	Vormedal	NOR	76	25:30.0	09:37.0
331	Oscar Roaldkvam Kolnes	Torvastad	NOR	1032	25:30.0	09:37.0
333	Kenneth Sørensen	Uptime	NOR	561	25:31.0	09:38.0
334	Olivia Finshus	Førresfjorden	NOR	689	25:32.0	09:39.0
334	Steinar Finshus	Skjoldastraumen	NOR	692	25:32.0	09:39.0
336	Idunn Ervesvåg	The Basic Run Club	NOR	579	25:33.0	09:40.0
336	Jan Steinstø	Torvastad	NOR	763	25:33.0	09:40.0
338	Bjørn Tollef Hovda	Haugesund Triathlonklubb	NOR	1176	25:34.0	09:41.0
339	Matheo Thormodsén	Haugesund	NOR	632	25:36.0	09:43.0
340	Belinda Travieso	Torvastad	NOR	93	25:37.0	09:44.0
341	Malvin Eilertsen	Åkrehamn	NOR	663	25:38.0	09:45.0
342	Gerd-Kari Sund	Veavågen	NOR	1053	25:39.0	09:46.0
343	Matheo Kristiansen	Åkrehamn	NOR	1172	25:42.0	09:49.0
344	Henry Konrad Nes	Veavågen	NOR	349	25:44.0	09:51.0
345	Nikolai Hofstad Leren	Kopervik	NOR	1130	25:45.0	09:52.0
346	Rakel Eriksen	Åkrehamn	NOR	323	25:46.0	09:53.0
346	Jarle Jakobsen	Åkrehamn	NOR	1038	25:46.0	09:53.0
348	Liv Anja Stava	Kopervik	NOR	290	25:47.0	09:54.0
349	Laila Bårdsen	Veavågen	NOR	1165	25:49.0	09:56.0

Alle 5 km

350	Malene Revheim Lunde	Veavågen	NOR	431	25:50.0	09:57.0
350	Janne Valeur	Haugesund	NOR	845	25:50.0	09:57.0
352	Per Magne Vågen	Haugesund	NOR	509	25:51.0	09:58.0
352	Liva Vågen	Haugesund	NOR	773	25:51.0	09:58.0
354	Ida Vikedal Styve	Haugesund	NOR	254	25:53.0	10:00.0
355	Stian Hollund	Haugesund	NOR	400	25:54.0	10:01.0
355	Synnøve Galtung	Haugesund	NOR	1003	25:54.0	10:01.0
355	Daniel Sunde	Vormedal	NOR	1243	25:54.0	10:01.0
355	Theo Sunde	Vormedal	NOR	1244	25:54.0	10:01.0
359	Herman Kaldheim	Karmsund	NOR	1058	25:56.0	10:03.0
360	Arne Tveit Katla	Sveio	NOR	512	26:00.0	10:07.0
361	John Thorbjørnsen	Haugesund	NOR	628	26:01.0	10:08.0
361	Dennis Stol	Åkra Idrettslag	NOR	676	26:01.0	10:08.0
363	Espen Frøystad	Haugesund	NOR	203	26:03.0	10:10.0
363	Anja Bjordal Vorraa	Vormedal	NOR	643	26:03.0	10:10.0
365	Morten Bu	Kopervik	NOR	85	26:04.0	10:11.0
366	Jeanette Hovland	Haugesund	NOR	373	26:05.0	10:12.0
367	Nathanel Sium	Kopervik	NOR	1311	26:06.0	10:13.0
368	Mona Spångberg	Førresfjorden	NOR	234	26:08.0	10:15.0
368	Camilla Aarhus	Karmsund	NOR	448	26:08.0	10:15.0
370	Caspian Valeur	Haugesund	NOR	849	26:10.0	10:17.0
371	Hilde Ullensvang	Haugesund	NOR	129	26:12.0	10:19.0
371	Linda Kaukonen	Haugesund	NOR	235	26:12.0	10:19.0
373	Othalie Rosslund	Sævelandsvik	NOR	858	26:15.0	10:22.0
373	Tore Steinsøy	Åkrehamn	NOR	1169	26:15.0	10:22.0
375	Elly Østensen Rørvik	Kopervik	NOR	1101	26:17.0	10:24.0
376	Roger Rørvik	Kopervik	NOR	729	26:18.0	10:25.0
376	Viljar Jansen	HIL - Haugesund Idrettslag	NOR	1257	26:18.0	10:25.0
378	Emil Bygnes	Kopervik	NOR	1274	26:19.0	10:26.0
379	Torunn Steinsland	Karmsund	NOR	508	26:22.0	10:29.0
380	Sverre Aske Kringeland	Haugesund Idrettslag Friidrett	NOR	933	26:23.0	10:30.0
380	Marian Primac	Kopervik	NOR	1014	26:23.0	10:30.0
382	Viljar Eide Torbjørnsen	Kolnes	NOR	1300	26:26.0	10:33.0
383	Torbjørn Torbjørnsen	Kolnes	NOR	1299	26:27.0	10:34.0
384	Elias Vidareid	Torvastad	NOR	862	26:28.0	10:35.0
385	Sofus Eriksen	Skudeneshavn	NOR	411	26:29.0	10:36.0
385	Lars Erik Gjertsen	Kopervik	NOR	831	26:29.0	10:36.0
385	Leif Simon Gjertsen	Kopervik	NOR	835	26:29.0	10:36.0
388	Tor Magne Svendsbø	Kopervik	NOR	1276	26:30.0	10:37.0
389	Stine Marie Sjursen	Haugesund	NOR	99	26:31.0	10:38.0
389	Mathias Vestly Grindheim	Karmsund	NOR	863	26:31.0	10:38.0
391	Teodor Tobiassen	Skudeneshavn	NOR	412	26:32.0	10:39.0
391	Anders Magnussen	Haugesund	NOR	553	26:32.0	10:39.0
393	Alexander Rossel	Vormedal	NOR	520	26:33.0	10:40.0
393	Anne Berit Dyngen	Aibel	NOR	994	26:33.0	10:40.0
395	Rine Erland Heimdal	Åkrehamn	NOR	902	26:34.0	10:41.0
395	Gudrun Stol	Kopervik	NOR	1149	26:34.0	10:41.0
397	Ingrid Meland	Haugesund	NOR	406	26:37.0	10:44.0
397	Tilde Waage	Stegaberg IL	NOR	909	26:37.0	10:44.0
399	Tor Øistein Døsen	Haugesund	NOR	407	26:38.0	10:45.0

Alle 5 km

400	Trond Tjelle	Haugesund	NOR	140	26:42.0	10:49.0
400	Isabell Kristiansen	Haugesund	NOR	1187	26:42.0	10:49.0
402	Håvard Nuntun Susort	Haugesund	NOR	500	26:43.0	10:50.0
402	Ulai Kristiansen	Haugesund	NOR	1191	26:43.0	10:50.0
404	Egil Melkevik	Karmsund	NOR	907	26:46.0	10:53.0
405	Thea Storesund	Uptime	NOR	560	26:48.0	10:55.0
406	Brage Austreid	Kopervik	NOR	590	26:50.0	10:57.0
407	Sara Tjøsvoll	Åkrehamn	NOR	1288	26:51.0	10:58.0
408	Lilly Elise Gjertsen	Kopervik	NOR	832	26:55.0	11:02.0
409	Ida Katrine Alfreksen	Haugesund	NOR	177	26:56.0	11:03.0
410	Vermund Rasmussen	Veavågen	NOR	1259	26:57.0	11:04.0
411	Sigbjørn Tårland	Sandnes	NOR	27	26:58.0	11:05.0
412	Marlon René Hop	Kopervik	NOR	1013	26:59.0	11:06.0
413	Josefine G.Rasmussen	Veavågen	NOR	1267	27:00.0	11:07.0
414	Andreas Kvale	Haugesund Idrettslag	NOR	333	27:01.0	11:08.0
415	Svein Erik Boge	Kopervik	NOR	594	27:02.0	11:09.0
415	Aurora Sofie Rasmussen	Veavågen	NOR	1268	27:02.0	11:09.0
417	Henry Wigene Hauge	Boost	NOR	770	27:03.0	11:10.0
418	Casper Emil Ånensen	Åkrehamn	NOR	734	27:04.0	11:11.0
418	Marlen Hauge	Åkrehamn	NOR	735	27:04.0	11:11.0
418	Anna Skarayeva	Åkrehamn	NOR	777	27:04.0	11:11.0
421	Trym Oliver Tveit	Kopervik	NOR	670	27:05.0	11:12.0
422	Oscar Færøvik	Åkrehamn	NOR	1002	27:09.0	11:16.0
423	Mats Øvrebø	Haugesund	NOR	711	27:10.0	11:17.0
424	Malin Ferkingstad	Kopervik	NOR	215	27:11.0	11:18.0
424	Karl Martin Enge	Åkrehamn	NOR	1001	27:11.0	11:18.0
426	Svein Egil Sørland	Haugesund Idrettslag Friidrett	NOR	682	27:12.0	11:19.0
426	Olene Owe Ersland	Haugesund Volleyballklubb	NOR	1240	27:12.0	11:19.0
428	Benedikte Furevik	Kopervik	NOR	253	27:14.0	11:21.0
428	Odd Kåre Grøttland	Kristornvegen Lagers	NOR	1202	27:14.0	11:21.0
430	Kjell Jakobsen	Unisea AS	NOR	306	27:15.0	11:22.0
431	Samuel Sildelid	Kopervik	NOR	1114	27:17.0	11:24.0
432	Bina Johannessen	ÅIL	NOR	1049	27:19.0	11:26.0
432	Katrine Andersen	Haugesund	NOR	1089	27:19.0	11:26.0
434	Reidar Johan Kvamme	Aksdal	NOR	181	27:20.0	11:27.0
435	Kaisa Håkonsen Bru	Sævelandsvik	NOR	865	27:21.0	11:28.0
436	David Ånensen	SK Vedavåg	NOR	539	27:22.0	11:29.0
436	Kristin Børseth	Haugesund	NOR	1161	27:22.0	11:29.0
438	Cecilie Dahl Nes	Veavågen	NOR	163	27:25.0	11:32.0
438	Leif Andre Kalve	Karmsund	NOR	684	27:25.0	11:32.0
438	Jaakko Isotalo	Haugesund	FIN	1082	27:25.0	11:32.0
438	Erich Vasconcelos	Vormedal	BRA	1196	27:25.0	11:32.0
442	Helene Bløtekjær	Åkrehamn	NOR	61	27:26.0	11:33.0
442	Hans Petter Johnsen	Haugesund Idrettslag	NOR	644	27:26.0	11:33.0
444	jelena heringa	Haugesund	LAT	554	27:27.0	11:34.0
445	Jonas Saltvik	Bilfinger	NOR	372	27:29.0	11:36.0
446	Simon Østhus	SK Vedavåg	NOR	1228	27:30.0	11:37.0
447	Yvonne Ørjansen		NOR	1330	27:31.0	11:38.0
448	Theodor Aksnes	Karmsund	NOR	1170	27:33.0	11:40.0
448	John Bendik Torvestad	Haugesund	NOR	1271	27:33.0	11:40.0

Alle 5 km

450	Roar Hansen	Karmsund	NOR	130	27:34.0	11:41.0
451	Mats Håland Sørheim	Etne	NOR	1026	27:37.0	11:44.0
452	Håkon Sund	Sk Vea	NOR	1221	27:43.0	11:50.0
453	Ørjan Tolo	Torvastad	NOR	11	27:44.0	11:51.0
454	Aleksander Totland Jensen	Haugesund	NOR	1241	27:45.0	11:52.0
455	Silje Taraldsøy	HTK	NOR	381	27:47.0	11:54.0
456	John Kristian Hausken	Torvastad	NOR	620	27:51.0	11:58.0
457	Liam Grindhaug	Åkra G12	NOR	798	27:54.0	12:01.0
458	Ole Alexander Stangeland	Torvastad	NOR	608	27:56.0	12:03.0
459	Torleiv Ånensen	Hydro	NOR	538	27:57.0	12:04.0
460	Sigve Sæbø	Torvastad	NOR	240	27:58.0	12:05.0
460	Fitore Cetaj	Haugesund	NOR	640	27:58.0	12:05.0
460	Renate Øiestad	Haugesund	NOR	1164	27:58.0	12:05.0
463	Ingrid Aske Kringeland	Haugesund Idrettslag Friidrett	NOR	947	28:01.0	12:08.0
464	Natanael Sund	Veavågen	NOR	1272	28:02.0	12:09.0
465	Martin Kleivenes	Kolnes IL	NOR	938	28:06.0	12:13.0
465	Andreas Waage	Haugesund	NOR	1186	28:06.0	12:13.0
467	Jon Terje Aksland	Haugesund	NOR	276	28:07.0	12:14.0
467	Celina Veigner	Haugesund Idrettslag	NOR	393	28:07.0	12:14.0
469	Øyvind Vikse	Åkrehamn	NOR	674	28:08.0	12:15.0
469	Silje Haraldseide	Haugesund	NOR	1185	28:08.0	12:15.0
471	Kjetil Stavenjord	Kopervik	NOR	877	28:11.0	12:18.0
471	Gabriel Stavenjord	Kopervik	NOR	878	28:11.0	12:18.0
473	Kjell Erik Kleveland	Øvre Vats	NOR	1	28:13.0	12:20.0
473	Erle Mirjam Toskedal	Kolnes IL	NOR	937	28:13.0	12:20.0
475	Ragnhild Gloppen	Haugesund	NOR	81	28:16.0	12:23.0
475	Solveig Tjøsvoll	Unisea AS	NOR	309	28:16.0	12:23.0
477	Therese Bjørgen	Kopervik	NOR	214	28:17.0	12:24.0
477	Sara Rovik	Unisea AS	NOR	313	28:17.0	12:24.0
479	Trond Gisle Gil	Skudeneshavn	NOR	891	28:18.0	12:25.0
480	Lydia Stonghaugen Larsen	Åkrehamn	NOR	524	28:19.0	12:26.0
481	Madeleine Skaar Nuland	Karmsund	NOR	919	28:20.0	12:27.0
482	Thea Linea Hansen	Åkrehamn	NOR	853	28:21.0	12:28.0
482	Geir Ove Liknes	Åkrehamn	NOR	1036	28:21.0	12:28.0
484	Jone Bakkevold	Skudeneshavn	NOR	683	28:22.0	12:29.0
485	Henrik Haugen	Unisea AS	NOR	314	28:23.0	12:30.0
485	Line Sverdheim	Kopervik	NOR	368	28:23.0	12:30.0
485	Sindre Pedersen	Haugesund	NOR	810	28:23.0	12:30.0
488	Kajsa Aase Engevik	Åkrehamn	NOR	1319	28:25.0	12:32.0
488	Elisabeth Auestad	Skjold	NOR	1328	28:25.0	12:32.0
490	Håkon Ferdinand Håkonsen	Sævelandsvik	NOR	598	28:26.0	12:33.0
491	Carena Stelander	Vormedal	NOR	104	28:28.0	12:35.0
491	Lars Sigvart Hop	Kopervik Idrettslag	NOR	1012	28:28.0	12:35.0
491	Jon Erik Ullvang	Rambase	NOR	1090	28:28.0	12:35.0
494	Martine Røttingen	Haugesund	NOR	5	28:29.0	12:36.0
495	Matilde Madsen	Haugesund	NOR	1220	28:31.0	12:38.0
496	Bjarne Mannes	Unisea AS	NOR	319	28:32.0	12:39.0
497	Vanessa Tveit	Sævelandsvik	NOR	109	28:33.0	12:40.0
497	Yordana Tekeste	Åkrehamn	NOR	1127	28:33.0	12:40.0
499	Sten Stava	Kopervik	NOR	637	28:36.0	12:43.0

Alle 5 km

499	Nora Sofie Underhaug	Åkra IL J2011 Håndball	NOR	857	28:36.0	12:43.0
501	Jon Ntrygve Alfheim	Kopervik	NOR	1335	28:37.0	12:44.0
502	Jenny Ohm	Nedre Vats	NOR	697	28:38.0	12:45.0
502	Samuel Dalva	Åkrehamn	NOR	1061	28:38.0	12:45.0
504	Johan Hillesland	Skudeneshavn	NOR	4	28:41.0	12:48.0
505	Magnus Hillesland	Skudeneshavn	NOR	7	28:42.0	12:49.0
506	Tina Åserud	Skjold	NOR	816	28:44.0	12:51.0
506	Mette Ellefsen	Haugesund	NOR	1199	28:44.0	12:51.0
508	Morten Sletten	Unisea AS	NOR	311	28:46.0	12:53.0
509	Oliver Sokrates Thorbjørnsen	Haugesund	NOR	249	28:48.0	12:55.0
509	Katrina Keeble Gloppen	Haugesund	NOR	288	28:48.0	12:55.0
509	Noah Cabaleiro	Åkra G12	NOR	797	28:48.0	12:55.0
512	Nahom Kelete	Kopervik	NOR	293	28:50.0	12:57.0
512	Maria Toftegaard-Llera	Stiftelsen Norheim Barnehage	NOR	742	28:50.0	12:57.0
514	Leif Tore Andreassen	Haugesund	NOR	490	28:52.0	12:59.0
514	Katrine Thormodsen	Haugesund	NOR	633	28:52.0	12:59.0
514	Karen Serine Liknes	Åkrehamn	NOR	1037	28:52.0	12:59.0
514	Simon Hodne	Kopervik	NOR	1332	28:52.0	12:59.0
518	Ole Christian Sundgot	Torvastad	NOR	470	28:54.0	13:01.0
518	Elida Mersland	Haugesund	NOR	1008	28:54.0	13:01.0
520	Linda Ruud Andersen	Haugesund	NOR	570	28:56.0	13:03.0
520	Maria Lie Lotsberg	Haugesund	NOR	1162	28:56.0	13:03.0
520	Arild Guttormsen	Aksdal	NOR	1273	28:56.0	13:03.0
523	Didrik Vea	Veavågen	NOR	1338	28:59.0	13:06.0
524	Scott Holtskog-Nyhuus	Haugesund	NOR	1043	29:06.0	13:13.0
525	Richard Våga	Hydro	NOR	437	29:07.0	13:14.0
526	Wibeche Nupen	Kopervik	NOR	357	29:08.0	13:15.0
526	Petter Austevik	Håvik	NOR	768	29:08.0	13:15.0
528	Nataliia Prysiashniuk		NOR	1117	29:09.0	13:16.0
529	James Johansen	Kolnes	DEN	28	29:11.0	13:18.0
530	Mariusz Moskal	Førresfjorden	POL	41	29:12.0	13:19.0
530	Glenn M. Hinderaker	Avaldsnes	NOR	281	29:12.0	13:19.0
532	Andreas Tjøsvoll	Blu Offshore	NOR	1212	29:13.0	13:20.0
533	Henrik Heimdal	Åkra G12	NOR	795	29:15.0	13:22.0
534	Noah Revheim Lunde	Veaa	NOR	1316	29:17.0	13:24.0
535	Norodd Stavenjord	Kopervik	NOR	46	29:23.0	13:30.0
536	Jan Vidar Susort	Haugesund	NOR	501	29:28.0	13:35.0
537	Wenche Apeland	Trekløveret	NOR	1279	29:29.0	13:36.0
538	Liam Eriksson	Kopervik	NOR	887	29:30.0	13:37.0
539	Jonny Soltvedt	Haugesund	NOR	787	29:34.0	13:41.0
539	Roger Soltvedt	Haugesund	NOR	788	29:34.0	13:41.0
541	Hallgeir Broen	Avaldsnes IL	NOR	1175	29:38.0	13:45.0
542	Marita Langåker	Åkrehamn	NOR	324	29:39.0	13:46.0
543	Kristian Grinna Austreim	Haugesund	NOR	917	29:40.0	13:47.0
543	Mathilde Grinna Austreim	Haugesund	NOR	918	29:40.0	13:47.0
545	Bodil Solberg	Åkrehamn	NOR	397	29:41.0	13:48.0
546	Julie Nes	Åkrehamn	NOR	228	29:43.0	13:50.0
546	Benjamin Mydland	Kopervik	NOR	987	29:43.0	13:50.0
546	Lars Eirik Enoksen Tangen	HVL BIL	NOR	1205	29:43.0	13:50.0
549	Lars Odin Tveit Moen	Veavågen	NOR	671	29:44.0	13:51.0

Alle 5 km

550	Maren Fjeldheim	Karmsund	NOR	519	29:46.0	13:53.0
551	Mathilde Hop	Aksdal	NOR	685	29:47.0	13:54.0
552	Alice Kalland	Kopervik	NOR	961	29:49.0	13:56.0
553	Ella Vikramortensen	Åkrehamn	NOR	364	29:51.0	13:58.0
554	Ida Solberg	Åkrehamn	NOR	398	29:52.0	13:59.0
555	Line Vikra	Åkrehamn	NOR	211	29:53.0	14:00.0
555	Stein Magne Lunde	Veavågen	NOR	430	29:53.0	14:00.0
555	Nicolai Stensen Lundal	Vormedal	NOR	922	29:53.0	14:00.0
558	Øystein Lundal	Vormedal	NOR	921	29:54.0	14:01.0
559	Sigbjørn Alsaker	Åkrehamn	NOR	1287	29:56.0	14:03.0
560	Linda Dalva	Førresfjorden	NOR	153	29:58.0	14:05.0
560	Åshild Kvalsvik Vae	Aksdal	NOR	1301	29:58.0	14:05.0
562	Jorunn Lindøe	Trekløveren	NOR	1153	29:59.0	14:06.0
562	Birgitte Apeland Apeland	Trekløveren	NOR	1195	29:59.0	14:06.0
564	Monica Saue	Sagvåg	NOR	189	30:02.0	14:09.0
565	John Berge Søvik	Vormedal	NOR	892	30:03.0	14:10.0
566	Lene Klausen	Haugesund	NOR	419	30:06.0	14:13.0
567	Marita Mikkelsen	Kopervik	NOR	339	30:08.0	14:15.0
567	Odd Gunnar Nilsen	Klypetussen	NOR	941	30:08.0	14:15.0
569	Elisebeth Thoresen	Skudeneshavn	NOR	638	30:11.0	14:18.0
569	Nive Rausch Simonsen	Haugesund	NOR	1086	30:11.0	14:18.0
571	Frida Lill Lenthe	Førresfjorden	NOR	414	30:13.0	14:20.0
572	Bjarne Nes	Åkrehamn	NOR	227	30:17.0	14:24.0
573	Jonas Kristoffersen Nilssen	Åkra il	NOR	699	30:18.0	14:25.0
573	Marcus Haugen	Åkra G12	NOR	792	30:18.0	14:25.0
575	Namasivayam Muthiah Selva	Hydro	NOR	603	30:20.0	14:27.0
575	Iniya Namasivayam	Haugesund	NOR	605	30:20.0	14:27.0
575	Elliot Holtskog-Nyhuus	Haugesund	NOR	1042	30:20.0	14:27.0
578	Ingunn Størhaug	Aksdal	NOR	569	30:21.0	14:28.0
578	Augon Holtskog-Nyhuus	Stiftelsen Norheim Barnehage	NOR	741	30:21.0	14:28.0
578	Ranveig Størkersen	Veavågen	NOR	771	30:21.0	14:28.0
581	Kristin Steffensen Nuntun	Kolnes	NOR	1229	30:23.0	14:30.0
582	Ole Frithjof Fagerland	Sævelandsvik	NOR	597	30:25.0	14:32.0
583	Siv Haugvaldstad Bygnes	Kopervik	NOR	588	30:30.0	14:37.0
584	Cecilie Tørresdal	Åkrehamn	NOR	283	30:31.0	14:38.0
585	Emil Vedøy	SK Vedavåg	NOR	1190	30:34.0	14:41.0
586	Stian Sandhåland	Åkrehamn	NOR	282	30:38.0	14:45.0
587	Alise Øglænd	Kvalavåg	NOR	1093	30:43.0	14:50.0
588	Synniva Øglænd	Etne	NOR	1166	30:44.0	14:51.0
589	Jon Olav Hausken	Torvastad	NOR	619	30:45.0	14:52.0
590	Reidun Jonhaugen	Torvastad	NOR	32	30:46.0	14:53.0
591	Reidar Sjøen	Veavågen	NOR	772	30:48.0	14:55.0
591	Tobias Melkevik Eikje	Djerv 1919	NOR	839	30:48.0	14:55.0
593	Christine Erland	Haugesund	NOR	379	30:50.0	14:57.0
594	Elise Jacobsen	Åkrehamn	NOR	864	30:51.0	14:58.0
595	Tiril Fotland Erland	Haugesund	NOR	380	30:52.0	14:59.0
595	Henning Mathisen	Speira	NOR	817	30:52.0	14:59.0
597	Uthaiwan Boon-Art	Torvastad	NOR	1147	30:56.0	15:03.0
598	Sven Ove Dalva	Åkrehamn	NOR	1059	31:00.0	15:07.0
599	Rakel Alvestad	Bokn	NOR	568	31:01.0	15:08.0

Alle 5 km

600	Wiktorija Sajdok	Kopervik	POL	66	31:02.0	15:09.0
601	Michael Rusznica	Kopervik	NOR	294	31:03.0	15:10.0
602	Amelia Dalva	Åkrehamn	NOR	1060	31:07.0	15:14.0
603	Sigbjørn Thorsen	Unisea AS	NOR	312	31:10.0	15:17.0
603	Gunnar Taraldsøy Holtskog	HTK	NOR	384	31:10.0	15:17.0
603	Oliver Vaage	Haugesund	NOR	732	31:10.0	15:17.0
606	Bastian Kristoffersen	Åkrehamn	NOR	1180	31:11.0	15:18.0
607	Øystein Bjøndal Lund	Lundfamilia	NOR	202	31:14.0	15:21.0
608	Mathilde Stonghaugen	Åkrehamn	NOR	537	31:15.0	15:22.0
608	Harry Waage	Hervik	NOR	666	31:15.0	15:22.0
610	Villy Solvang	Hydro Karmøy	NOR	63	31:19.0	15:26.0
611	Skage Aaserud Andersen	Kopervik	NOR	826	31:21.0	15:28.0
611	Unni Karlsen Våga	Haugesund	NOR	1118	31:21.0	15:28.0
613	Fredrik A Andersen	Kopervik	NOR	825	31:23.0	15:30.0
614	Kristian Kvalevåg	Haugesund	NOR	912	31:24.0	15:31.0
615	Simon Eriksen	Skudeneshavn	NOR	40	31:25.0	15:32.0
615	Mari Eriksen Kvalevåg	Haugesund	NOR	913	31:25.0	15:32.0
617	Camilla Dale	Kopervik	NOR	175	31:27.0	15:34.0
617	Kristoffer Einarsen Einarsen	Åkrehamn	NOR	479	31:27.0	15:34.0
617	Helle Munthe Strømmen	Åil	NOR	481	31:27.0	15:34.0
620	Oline Slogvik Hernes	Åkra IL J12	NOR	852	31:28.0	15:35.0
621	Emelin Solheim	Kopervik	NOR	820	31:29.0	15:36.0
621	Monica Roaldkvam	Torvastad	NOR	1031	31:29.0	15:36.0
623	Ahmed Waad	Kopervik	NOR	136	31:32.0	15:39.0
623	Torill Synnøve Veste	Haugesund	NOR	222	31:32.0	15:39.0
623	Ørjan Pedersen	Haugesund	NOR	1247	31:32.0	15:39.0
626	Thiraporn Stol	Kopervik	NOR	292	31:34.0	15:41.0
626	Deepak Parappurath	Haugesund	IND	780	31:34.0	15:41.0
628	Heidi Sunde	Etne	NOR	818	31:35.0	15:42.0
629	Rolf Just Skarsgård	Haugesund	NOR	47	31:37.0	15:44.0
630	Georg Vikshåland	Haugesund	NOR	549	31:38.0	15:45.0
630	Helene Aarøy Liknes	Kopervik	NOR	983	31:38.0	15:45.0
632	Marie Stueland	Skudeneshavn	NOR	352	31:49.0	15:56.0
633	Alfred Olsen Fjellange	Håvik	NOR	1323	31:52.0	15:59.0
634	Helena Olsen	Håvik	NOR	1333	31:53.0	16:00.0
635	Elias Bu Sjøen	Åkra G12	NOR	806	32:01.0	16:08.0
636	Ole William Sævareid	Unisea AS	NOR	310	32:07.0	16:14.0
636	Eivind Stonghaugen Larsen	Åkrehamn	NOR	522	32:07.0	16:14.0
636	Eilev Stonghaugen Larsen	Åkrehamn	NOR	526	32:07.0	16:14.0
639	Jakob Steinsvåg	Steinarskogen Barnehage	NOR	106	32:08.0	16:15.0
639	Morten Nuntun Susort	Haugesund	NOR	506	32:08.0	16:15.0
641	Hanna Steinsvåg	Steinarskogen Barnehage	NOR	10	32:09.0	16:16.0
641	Fride Reite Uthaug	Hydro Karmøy	NOR	67	32:09.0	16:16.0
643	Merete Torbjørnsen	Haugesund IL	NOR	82	32:12.0	16:19.0
644	Ingrid Emilie Schultz	Haugesund	NOR	906	32:13.0	16:20.0
645	Moufid Joud	Åkrehamn	NOR	1326	32:16.0	16:23.0
646	Kine Selliken	Skudeneshavn	NOR	356	32:21.0	16:28.0
646	Thea Selliken Olsen	Skudeneshavn	NOR	874	32:21.0	16:28.0
648	Tonje Marie Brunnes	Haugesund	NOR	100	32:22.0	16:29.0
648	Åse Røyrøy Stava	Kopervik	NOR	636	32:22.0	16:29.0

Alle 5 km

650	Karl Børge Ask	Kopervik IL	NOR	776	32:25.0	16:32.0
651	Rino Andre Soltveit	Åkrehamn	NOR	38	32:27.0	16:34.0
651	Miriam Alice Våge	Åkrehamn	NOR	44	32:27.0	16:34.0
653	Trygve M. Solvang	Kopervik	NOR	107	32:29.0	16:36.0
654	Cecilie Steinstø	Haugesund	NOR	219	32:32.0	16:39.0
654	Karen Lekven Ånensen	SK Vedavåg	NOR	1188	32:32.0	16:39.0
656	Alf Ytreland	Vedavågen	NOR	337	32:36.0	16:43.0
657	Camilla Solberg	Håvik	NOR	551	32:37.0	16:44.0
658	Sigmund Hansen	Haugesund	NOR	436	32:39.0	16:46.0
659	Zöhre Øksuz	Haugesund	NOR	1245	32:41.0	16:48.0
660	Bente Ruud Vestvik	Jorunn Marie Svendsen	NOR	142	32:42.0	16:49.0
661	Mona Wichmann	Vormedal	NOR	18	32:46.0	16:53.0
661	Sarah Johanne Kvam Aksland	Haugesund	NOR	275	32:46.0	16:53.0
663	Maria Horbovets	Åkrehamn	NOR	461	32:47.0	16:54.0
664	Samantha Søvik	Åkrehamn	NOR	237	32:48.0	16:55.0
664	Kristine Mikkelsen	Åkrehamn	NOR	338	32:48.0	16:55.0
666	Elisabeth Søvik	Åkrehamn	NOR	238	32:51.0	16:58.0
667	Bjørn Ove Søvik	Åkrehamn	NOR	236	32:52.0	16:59.0
668	Birte Susann Kvam	Haugesund	NOR	274	32:55.0	17:02.0
669	Eivind Søvik	Unisea AS	NOR	316	32:56.0	17:03.0
670	Mary Ann Hauge	Haugesund	NOR	505	33:00.0	17:07.0
671	Solveig Birgitte Fjelde	Kopervik	NOR	641	33:05.0	17:12.0
672	Kjell Sveen	Sveio	NOR	113	33:10.0	17:17.0
672	Silje Hetlesæter	Torvastad	NOR	252	33:10.0	17:17.0
674	Eivor Bendiksen Våga	Torvastad	NOR	836	33:11.0	17:18.0
675	Øyvind Magne Hegg Lund	Team Rynkeby	NOR	51	33:12.0	17:19.0
676	Aud Karin Kristoffersen	Åkrehamn	NOR	348	33:13.0	17:20.0
677	Alexander Rosslund	Sævelandsvik	NOR	859	33:19.0	17:26.0
678	Kevin Klæhaug	Åkrehamn	NOR	1099	33:22.0	17:29.0
679	Kirsten Sunnanå	Solstad Running Team	NOR	824	33:24.0	17:31.0
680	Emma Michaela Moore	Haugesund	NOR	471	33:25.0	17:32.0
681	Cecilie Storm	Haugesund	NOR	77	33:26.0	17:33.0
681	Kjell Bjørnar Aarvik	LYE	NOR	484	33:26.0	17:33.0
681	Emil Storm-Miljeteig	Haugesund	NOR	984	33:26.0	17:33.0
684	Lina Maria Larsen	Kopervik	NOR	176	33:27.0	17:34.0
685	Lone Hopstad	Kopervik	NOR	265	33:28.0	17:35.0
686	Silje Bakke Nesbø	Haugesund	NOR	880	33:29.0	17:36.0
687	Anita Sælevik		NOR	1318	33:34.0	17:41.0
688	Mari Karlsen	Åkrehamn	NOR	195	33:38.0	17:45.0
689	Morten Sørensen	Knutson OAS	NOR	246	33:39.0	17:46.0
690	Harald Gjervan Veia	Kopervik IL	NOR	70	33:44.0	17:51.0
691	Christopher Høvring	Kopervik	NOR	1140	33:46.0	17:53.0
692	Wenche Stonghaugen	Åkrehamn	NOR	485	33:49.0	17:56.0
692	Ruben Brekke Dale	Kopervik	NOR	1309	33:49.0	17:56.0
694	Leander Hofstad Leren	Kopervik	NOR	1131	33:50.0	17:57.0
695	Åse Havneraas	Haugesund	NOR	930	33:51.0	17:58.0
695	Martin Leren	Kopervik	NOR	1128	33:51.0	17:58.0
697	Hege Thorsen	Skudeneshavn	NOR	48	33:52.0	17:59.0
698	Bjarne Martin Pettersen	Haugesund	NOR	809	33:55.0	18:02.0
699	Helge Nuntun	Kolnes IL	NOR	1227	33:58.0	18:05.0

Alle 5 km

700	Lars Bendik Alfsvåg	Skoi	NOR	531	34:01.0	18:08.0
700	Sofia Alfsvåg	Åkra IL	NOR	532	34:01.0	18:08.0
702	Kåre Magne Kjeka	Vormedal	NOR	410	34:06.0	18:13.0
703	Margrete Kjeka	Sveio	NOR	453	34:08.0	18:15.0
704	Stine Heimdal Andersen	Haugesund	NOR	782	34:13.0	18:20.0
705	Noah Kallevik	Åkrehamn	NOR	997	34:16.0	18:23.0
706	Stig Frøvik	Vormedal	NOR	681	34:23.0	18:30.0
706	Simen-Milliam Grindheim Johansen	Kopervik	NOR	704	34:23.0	18:30.0
708	Jorunn Marie Svendsen	Jorunn Marie Svendsen	NOR	141	34:25.0	18:32.0
709	Elizabeth Jane Parkinson	Førresfjorden	GBR	185	34:27.0	18:34.0
710	Ingebjørg Bjørnevik	Ølensvåg	NOR	499	34:32.0	18:39.0
710	Alfred Kvalavåg	Haugesund	NOR	910	34:32.0	18:39.0
712	Aurora Osnes	Torvastad	NOR	618	34:34.0	18:41.0
713	Thea Østensvik	Torvastad	NOR	573	34:35.0	18:42.0
713	Rida Ziberi	Haugesund	NOR	606	34:35.0	18:42.0
715	Mona Eriksen	Skudeneshavn	NOR	3	34:37.0	18:44.0
716	Fredrik Eide	Aksdal	NOR	401	34:44.0	18:51.0
717	Tone Dahl Nes	Tone Dahl Nes	NOR	212	34:45.0	18:52.0
717	Vilde Bjørnevik	Haugesund	NOR	1277	34:45.0	18:52.0
719	Lise Marie Sund	Sk Vea	NOR	1219	34:46.0	18:53.0
719	Solveig Aaholm	Haugesund	NOR	1278	34:46.0	18:53.0
721	Olaug Tveit Bjerk	Sævelandsvik	NOR	630	34:47.0	18:54.0
722	Steinar Bjerk	Sævelandsvik	NOR	631	34:49.0	18:56.0
722	Helene Hofstad Leren	Kopervik	NOR	1132	34:49.0	18:56.0
724	Anne Lovise Leren	Kopervik	NOR	1129	34:50.0	18:57.0
725	Kristine Helgesen	Kopervik	NOR	232	34:54.0	19:01.0
726	Nina Kleiberg	Nedstrand	NOR	556	34:59.0	19:06.0
727	Vigdis Horsfjord	Haugesund	NOR	43	35:04.0	19:11.0
728	Thea Kvebæk	Veavågen	NOR	451	35:06.0	19:13.0
728	Irene Sunde	Kopervik	NOR	1104	35:06.0	19:13.0
730	Allette Solberg	Hamnøy AS	NOR	739	35:09.0	19:16.0
731	Irene Kvinnesland	Kopervik	NOR	111	35:13.0	19:20.0
731	Kjersti Sørbø	BRU	NOR	421	35:13.0	19:20.0
733	Torbjörn Olsen Mikalsen	Sævelandsvik	NOR	1005	35:14.0	19:21.0
734	Ranveig Tvedt	Kopervik	NOR	703	35:17.0	19:24.0
734	Anne Lene Olsen	Sævelandsvik	NOR	1004	35:17.0	19:24.0
736	Sissel Hansen	Vormedal	NOR	680	35:18.0	19:25.0
737	Beate Vaage	Nedstrand	NOR	148	35:23.0	19:30.0
738	Ingrid Bjørkelund	Aksdal	NOR	1041	35:26.0	19:33.0
739	Virginita Eriksen	Åkrehamn	NOR	144	35:31.0	19:38.0
740	Paul Alexandet Ullensvang	Aksdal	NOR	1088	35:33.0	19:40.0
741	Malin Lønning	Aibel	NOR	247	35:34.0	19:41.0
741	Miriam Tangjerd	Hydro Karmøy	NOR	442	35:34.0	19:41.0
741	Marit Kristin Lone-Kristoffersen	Sævelandsvik	NOR	443	35:34.0	19:41.0
741	Talette Vormestrand Ullensvang	Aksdal	NOR	811	35:34.0	19:41.0
745	Ann-Kristin Forssell	Åkrehamn	NOR	117	35:36.0	19:43.0
746	Marianne Hirzel	Haugesund	NOR	198	35:40.0	19:47.0
746	Kristine Heiland Brekke	Førresfjorden	NOR	439	35:40.0	19:47.0
746	Mathilde Brekke	Førresfjorden	NOR	441	35:40.0	19:47.0

Alle 5 km

749	Hilde Vik	Sævelandsvik	NOR	396	35:41.0	19:48.0
750	Sverre Zenteno Ertsland	Karmsund	NOR	1016	35:43.0	19:50.0
751	Maria Kongshavn Ertsland	Karmsund	NOR	1015	35:44.0	19:51.0
752	Line Tveit	Unisea AS	NOR	307	35:47.0	19:54.0
753	Thea Barane	Åkra il j14	NOR	911	35:54.0	20:01.0
754	Dag Eirik Einarsen	Sabb Sprint	NOR	1144	35:57.0	20:04.0
754	Karsten Einarsen	Åkra IL	NOR	1146	35:57.0	20:04.0
756	Othilie Rasmussen Larsen	Åkrehamn	NOR	958	35:59.0	20:06.0
757	Rebecca Hovelsrød	Kopervik	NOR	53	36:00.0	20:07.0
757	Gjert Tolås	Haugesund	NOR	231	36:00.0	20:07.0
757	Milas Byrkjeland	Haugesund	NOR	896	36:00.0	20:07.0
760	Ida Beate Bjørndal	Avaldsnes	NOR	823	36:10.0	20:17.0
761	Sofie Thormodsén	Haugesund	NOR	634	36:17.0	20:24.0
762	Reidun Erland	Speira Karmøy Maraton	NOR	708	36:23.0	20:30.0
763	Daniel Nilsen	Veavågen	NOR	1235	36:25.0	20:32.0
764	Frida Nilsen	SK Veavågen	NOR	1236	36:26.0	20:33.0
765	Kathrine Einarsen	Veavågen	NOR	262	36:33.0	20:40.0
765	Martine Reiersen-Nesheim	Karmsund	NOR	581	36:33.0	20:40.0
767	Erik Helgesen	Åkrehamn	NOR	263	36:34.0	20:41.0
768	Morten Nesheim	Karmsund	NOR	583	36:37.0	20:44.0
769	Susanne Nielsen	Åkrehamn	NOR	1252	36:40.0	20:47.0
769	Liam N Kolletre	Åkrehamn	NOR	1253	36:40.0	20:47.0
771	Embla Ósk Haaland	Vormedal	NOR	600	36:44.0	20:51.0
771	Michell Færevåg	Vormedal	NOR	747	36:44.0	20:51.0
773	Sara Emilie Espeland	Kopervik	NOR	268	36:45.0	20:52.0
774	Odd Sunde	Håvik	NOR	624	36:46.0	20:53.0
775	Thor Arnfinn Engvoldsen	Vormedal	NOR	1156	37:00.0	21:07.0
776	Diana Risløv	Åkrehamn	NOR	462	37:02.0	21:09.0
777	Sunna Kornelia Risløv	Åkrehamn	NOR	463	37:03.0	21:10.0
778	Sander Tjelle	Haugesund	NOR	388	37:18.0	21:25.0
778	Rundik Dilara Khalil	Haugesund	NOR	761	37:18.0	21:25.0
778	Magnus Erland Heimdal	Åkrehamn	NOR	829	37:18.0	21:25.0
781	Arild Erland Heimdal	Åkrehamn	NOR	828	37:19.0	21:26.0
782	Harald Bårdsen		NOR	1079	37:20.0	21:27.0
782	Kristine Bårdsen		NOR	1080	37:20.0	21:27.0
784	Hege Marie Naley Paulsen	Kopervik	NOR	363	37:32.0	21:39.0
784	Hannah Wiik	Skudeneshavn	NOR	495	37:32.0	21:39.0
786	Markus Kro Frøyland	Rabla as	NOR	1018	37:33.0	21:40.0
787	Daniel Frøyland	Rabla as	NOR	1017	37:34.0	21:41.0
787	David Kro	Sabb Sprint	NOR	1091	37:34.0	21:41.0
787	Natanael Kro	SK Vedavåg	NOR	1092	37:34.0	21:41.0
790	Torleif Vea Solvang	Vea	NOR	1052	37:36.0	21:43.0
791	Sissel Aksdal	Haugesund	NOR	371	37:37.0	21:44.0
792	Lise-Lotte Austevik	Håvik	NOR	765	37:40.0	21:47.0
793	Marta Rasmussen Vevatne	Haugesund	NOR	566	37:45.0	21:52.0
794	Torodd Solvang	Cowi	NOR	1051	37:46.0	21:53.0
795	Jens Kristian Sandvik Vevatne	Haugesund	NOR	563	37:48.0	21:55.0
796	Jarle Andreas Rasmussen Vevatne	Haugesund	NOR	564	37:53.0	22:00.0
797	Kamilla Vaage	Aksdal	NOR	60	37:55.0	22:02.0
798	Lukas Kallevig	Sævelandsvik	NOR	52	38:02.0	22:09.0

Alle 5 km

798	Kjersti Hereid Rasmussen	Veavågen	NOR	785	38:02.0	22:09.0
798	Marlén Naley Soltveit	Åkrehamn	NOR	920	38:02.0	22:09.0
798	Noah Nuntun	Kolnes	NOR	1296	38:02.0	22:09.0
802	Maiken Bygnes	Avaldsnes	NOR	1076	38:05.0	22:12.0
803	Jan Roger Grindhaug	Equinor BIL	NOR	269	38:09.0	22:16.0
804	Henrik Hagen Grindhaug	Åkrehamn	NOR	271	38:10.0	22:17.0
805	Lina Solvang	Kopervik	NOR	969	38:21.0	22:28.0
806	Glenn Solvang	Kopervik	NOR	387	38:27.0	22:34.0
807	Daniel Køseler	Haugesund	NOR	336	38:28.0	22:35.0
808	Sigbjørg Johanne Solvang	Kopervik	NOR	178	38:29.0	22:36.0
808	Ståle Oldeide	Åkrehamn	NOR	547	38:29.0	22:36.0
810	Janne Oldeide	Åkrehamn	NOR	546	38:30.0	22:37.0
811	Iren Angelica Hvidsten	Stiftelsen Norheim Barnehage	NOR	740	38:31.0	22:38.0
812	Eva Lokna	Sveio	NOR	171	38:33.0	22:40.0
812	Elise Lundal	Stiftelsen Norheim Barnehage	NOR	745	38:33.0	22:40.0
812	Madeleine Hjelmevoll	Åkrehamn	NOR	916	38:33.0	22:40.0
815	Morten Rydningen	Sigma Motor	NOR	482	38:36.0	22:43.0
816	Inger Ferkingstad Hausken	Torvastad	NOR	621	38:38.0	22:45.0
817	Ole Magnus Høvring	Kopervik	NOR	1139	38:42.0	22:49.0
818	Victoria Medhaug	Åkrehamn	NOR	968	38:58.0	23:05.0
819	Linnea Medhaug	Åkra Idrettslag	NOR	899	38:59.0	23:06.0
820	Marte Elise Solberg	Håvik	NOR	550	39:02.0	23:09.0
821	Bjarne Solberg	Håvik	NOR	552	39:03.0	23:10.0
822	Rakel Sildelid	Kopervik	NOR	29	39:05.0	23:12.0
822	Marita Tangjerd	Åkrehamn	NOR	476	39:05.0	23:12.0
824	Eline Einarsen Einarsen	Åkrehamn	NOR	478	39:09.0	23:16.0
825	Line Aune Tjøsvoll	Sævelandsvik	NOR	466	39:13.0	23:20.0
826	Lars Even Nilsen	Åkrehamn	NOR	502	39:26.0	23:33.0
827	Aina Lie	Nedstrand	NOR	147	39:27.0	23:34.0
827	Tonje Galta	Nedstrand	NOR	149	39:27.0	23:34.0
827	June Sørensen	Team Eat Shit, Get Fit	NOR	164	39:27.0	23:34.0
830	Vibeke Fylkesnes	Avaldsnes	NOR	45	39:33.0	23:40.0
831	Leon Naley	Team Eat Shit, Get Fit	NOR	322	39:34.0	23:41.0
832	Aashild Kvilhaug	Veavågen	NOR	716	39:48.0	23:55.0
832	Tuva Kvilhaug		NOR	717	39:48.0	23:55.0
834	Lilja Kvilhaug		NOR	718	39:50.0	23:57.0
835	Adrian Nataniel Risløv	Åkrehamn	NOR	464	39:53.0	24:00.0
835	Morten Kvilhaug	Veavågen	NOR	715	39:53.0	24:00.0
837	Bjørn Ove Risløv	Åkrehamn	NOR	465	39:56.0	24:03.0
838	Kari Byrkjeland	Sveio	NOR	895	40:00.0	24:07.0
839	Erlend Ræstad	Team LUS - Rekrutt	NOR	1217	40:03.0	24:10.0
839	Brage Ræstad	Haugesund IL	NOR	1218	40:03.0	24:10.0
841	John Ræstad	Team LUS	NOR	1216	40:04.0	24:11.0
842	Per Odd Braut	Skudeneshavn	NOR	931	40:06.0	24:13.0
843	Sindre Kold Larsen	Håvik	NOR	121	40:08.0	24:15.0
844	Anita Johansen	Kolnes	NOR	75	40:09.0	24:16.0
845	Christianna Sørvik	Kopervik	NOR	291	40:13.0	24:20.0
846	Geir Bunes	Åkrehamn	NOR	617	40:16.0	24:23.0
847	Jitrawan Nilsen	Skudeneshavn	NOR	425	40:18.0	24:25.0
848	Helena Schauer	Åkra IL	GER	946	40:20.0	24:27.0

Alle 5 km

849	Silje Ihle	Åkra IL	NOR	1023	40:21.0	24:28.0
850	Arne Bårdsen	Sævelandsvik	NOR	1136	40:22.0	24:29.0
850	Sissel Bårdsen	Sævelandsvik	NOR	1137	40:22.0	24:29.0
852	Robin Gedick	Aksdal	NOR	814	40:23.0	24:30.0
852	Vidhun Prabu	Rambase	NOR	1102	40:23.0	24:30.0
854	Solveig Elise L Thuestad	Karmsund	NOR	813	40:39.0	24:46.0
855	Helene Stølsmark Vihovde	Kolnes	NOR	753	40:40.0	24:47.0
855	Egil Thuestad	Karmsund	NOR	812	40:40.0	24:47.0
857	Tonje Bjølgerud	Kopervik	NOR	1047	40:45.0	24:52.0
858	Madelen Hauge Solbakk	Kopervik	NOR	751	40:48.0	24:55.0
859	Tore Saghaug	Veavågen	NOR	1317	40:54.0	25:01.0
860	Eli Marthea Sæbø Mikalsen	Veavågen	NOR	944	40:57.0	25:04.0
860	Josefine Sandhåland	SK Vedavåg	NOR	1189	40:57.0	25:04.0
862	Anne Sofie Michan	Veavågen	NOR	1222	40:59.0	25:06.0
863	Anna Katrine Vikshåland	Stiftelsen Norheim Barnehage	NOR	746	41:00.0	25:07.0
864	Randi Andreassen	Haugesund	NOR	491	41:08.0	25:15.0
865	Annicken Kalland	Kopervik	NOR	960	41:13.0	25:20.0
866	Daniel Thormodsen	Haugesund	NOR	635	41:17.0	25:24.0
867	Astrid Marie Alvestad Jonsen	Kopervik	NOR	647	41:20.0	25:27.0
868	Torgeir Jonsen	Kopervik	NOR	646	41:22.0	25:29.0
869	Sara Finshus	Førresfjorden	NOR	691	41:29.0	25:36.0
869	Ida Torvestad	Førresfjorden	NOR	694	41:29.0	25:36.0
871	Ove Ellefsen	Haugesund	NOR	1200	41:48.0	25:55.0
872	Benjamin Brekke	Førresfjorden	NOR	440	41:51.0	25:58.0
873	Thomas Førland Brekke	Hydro BIL	NOR	438	41:52.0	25:59.0
874	Sissel Endresen	Karmsund	NOR	750	41:56.0	26:03.0
875	Arnt-Eirik Solbakk	Karmsund	NOR	749	41:58.0	26:05.0
876	Ingebjørg Gjervan	Kopervik	NOR	95	42:03.0	26:10.0
876	Emma Christin Hettervik	Hervik	NOR	375	42:03.0	26:10.0
878	Ole-Jonny Kloster	Haugesund	NOR	303	42:26.0	26:33.0
878	Ingeborg Marie Kloster	Haugesund	NOR	304	42:26.0	26:33.0
880	Mari Kloster	Haugesund	NOR	302	42:27.0	26:34.0
881	John Kloster	Torvastad	NOR	786	42:42.0	26:49.0
882	Sølvi Rydland	Haugesund	NOR	305	42:45.0	26:52.0
883	May Ellen Søvik	Førresfjorden	NOR	223	42:47.0	26:54.0
884	Toneline Spande	Førresfjorden	NOR	224	42:48.0	26:55.0
885	Irene Sæbø	Torvastad	NOR	993	42:56.0	27:03.0
886	Nadiia Dalen	Haugesund	NOR	335	43:01.0	27:08.0
887	Olga Elin Dalen	Haugesund	NOR	334	43:03.0	27:10.0
888	Anne-May Eide	Avaldsnes	NOR	402	43:04.0	27:11.0
889	Fred-Ståle Eide	Avaldsnes	NOR	403	43:07.0	27:14.0
890	Charlotte Mosbron	Haugesund	NOR	518	43:10.0	27:17.0
890	Linda Hansen	Torvastad	NOR	536	43:10.0	27:17.0
892	Åshild Johanne Rasmussen Vevatne	Haugesund	NOR	567	43:12.0	27:19.0
893	Emely Stütz	Kopervik	NOR	473	43:15.0	27:22.0
894	Fredrik Rasmussen Vevatne	Haugesund	NOR	565	43:24.0	27:31.0
895	Lisell Grønås	Veavågen	NOR	541	43:26.0	27:33.0
896	Tommy Vedøy	Bilfinger	NOR	229	43:30.0	27:37.0
897	Gerd Marit Naley	Åkrehamn	NOR	91	43:32.0	27:39.0

Alle 5 km

898	Renate Soltveit Kallevig	Sævelandsvik	NOR	9	43:33.0	27:40.0
898	Nathalie Marie Larsen	Kopervik	NOR	266	43:33.0	27:40.0
900	Kjell Melhus	Skudeneshavn	NOR	423	43:44.0	27:51.0
901	Mai Larsen	Kopervik	NOR	267	43:45.0	27:52.0
902	Ambika Saraswathi Sankaranmani	Haugesund	NOR	604	43:47.0	27:54.0
903	Geane Da Silva Lund	Lundfamilia	NOR	201	43:49.0	27:56.0
904	Roselaria Theodoro	Lundfamilia	NOR	422	43:51.0	27:58.0
905	Caroline Kjærland	Håvik	NOR	445	43:52.0	27:59.0
905	Heidi Kjærland	Håvik	NOR	446	43:52.0	27:59.0
907	Rune Bløtekjær	Åkrehamn	NOR	96	43:53.0	28:00.0
908	Anita Knutsen Bløtekjær	Åkrehamn	NOR	105	43:54.0	28:01.0
909	Astrid Rossebø	Vormedal	NOR	118	43:59.0	28:06.0
910	Jostein Stelander-Halvorsen	Unisea AS	NOR	317	44:09.0	28:16.0
910	Roy Andre Reiersen	Kopervik	NOR	426	44:09.0	28:16.0
912	Trygve Eriksen	Åkrehamn	NOR	143	44:10.0	28:17.0
913	Tobias Skår-Reiersen	Kopervik	NOR	427	44:11.0	28:18.0
914	Arne Martin Kjærland	Håvik	NOR	370	44:12.0	28:19.0
915	Cecilie Kjærland	Vormedal	NOR	1213	44:15.0	28:22.0
916	Elida Håland Høstland	Kopervik	NOR	706	44:17.0	28:24.0
917	Kitty Gilje	Kopervik	NOR	37	44:23.0	28:30.0
918	Nadine Knarvik	Cowi	NOR	296	44:25.0	28:32.0
918	Henry S. Askeland		NOR	1312	44:25.0	28:32.0
920	Øyvind Askeland	Håvik	NOR	1315	44:26.0	28:33.0
921	Laila Iversen	Torvastad	NOR	655	44:27.0	28:34.0
921	Hilde Håland	Kopervik	NOR	988	44:27.0	28:34.0
923	Lilly Knarvik	Cowi	NOR	295	44:41.0	28:48.0
924	Geir Thomas Larsen	Kvalavåg	DEN	250	44:43.0	28:50.0
925	David Furenes	Veavågen	NOR	702	44:48.0	28:55.0
926	Svein Furenes	Veavågen	NOR	701	44:49.0	28:56.0
926	Samuel Osnes Bøe	Rambase	NOR	1122	44:49.0	28:56.0
928	Amina Ndayishimiye	Haugesund	NOR	760	44:56.0	29:03.0
929	Pisamai Bjørkelund	Haugesund	NOR	1148	45:13.0	29:20.0
930	Konrad Sjøen	Sævelandsvik	NOR	330	45:14.0	29:21.0
931	Kirsten Braut	Skudeneshavn	NOR	932	45:40.0	29:47.0
932	Kanjana Melhus	Skudeneshavn	NOR	424	45:41.0	29:48.0
933	Rolf Kvilhaug	Stol	NOR	730	45:42.0	29:49.0
934	Elisabeth Osnes Bøe	Rambase	NOR	1123	45:44.0	29:51.0
935	Kjetil Osnes Bøe	Sævelandsvik	NOR	1121	45:51.0	29:58.0
935	Martha Sofie Osnes Bøe	Rambase	NOR	1124	45:51.0	29:58.0
937	Mikkel Hereid Ytreland	Kopervik	NOR	998	46:04.0	30:11.0
938	Julie Reine	Haugesund	NOR	985	46:12.0	30:19.0
939	André Vik Dale	Torvastad	NOR	986	46:13.0	30:20.0
940	Iris Hauge	Avaldsnes	NOR	981	46:20.0	30:27.0
941	Nancy Skår	Veavågen	NOR	592	46:27.0	30:34.0
941	Andrea Hereidytreland	Kopervik	NOR	992	46:27.0	30:34.0
943	Johanne Stange	Kopervik	NOR	978	46:28.0	30:35.0
944	May Britt Wadseth	Kopervik	NOR	982	46:31.0	30:38.0
945	Per Bjarne Myhre		NOR	1320	46:33.0	30:40.0
946	Magnus Nuntun	Karmsund	NOR	848	46:36.0	30:43.0
947	Aud Margrethe Selliken	Skudeneshavn	NOR	347	46:42.0	30:49.0

Alle 5 km

948	Agnes Iren Waage	Skudeneshavn	NOR	585	46:43.0	30:50.0
949	Oddny Jacobsen	Håvik	NOR	343	47:03.0	31:10.0
949	Jan Egil Nuntun	Karmsund	NOR	847	47:03.0	31:10.0
951	Simone Sjøen	Sævelandsvik	NOR	331	47:05.0	31:12.0
952	Grete Tjøsvoll	Kopervik	NOR	329	47:09.0	31:16.0
953	Marius Eilertsen	Skudeneshavn	NOR	1204	47:22.0	31:29.0
954	Gunnar Eilertsen	Skudeneshavn	NOR	1203	47:23.0	31:30.0
955	Emilie Engvoldsen ?	Vormedal	NOR	447	47:34.0	31:41.0
956	Turid Aksdal	Vormedal	NOR	1157	47:38.0	31:45.0
957	Ole Sander Kvam	Haugesund	NOR	1098	47:43.0	31:50.0
957	Johannes Holgersen	Åkrehamn	NOR	1184	47:43.0	31:50.0
959	May-Linn Skeie	Haugesund	NOR	1097	47:46.0	31:53.0
960	Camilla Kristoffersen	Åkrehamn	NOR	1179	47:47.0	31:54.0
961	Frode Skeie	Avaldsnes	NOR	193	47:51.0	31:58.0
962	Jan Ove Bygnes Olsen	Sigma Motor	NOR	483	48:09.0	32:16.0
962	Bjørn Harry Andersen	Åkrehamn	NOR	1225	48:09.0	32:16.0
964	Lillian Guttormsen	Kopervik	NOR	894	48:12.0	32:19.0
965	Sølvi Guttormsen	Kopervik	NOR	897	48:16.0	32:23.0
966	Hege Haarr	Åkrehamn	NOR	989	48:19.0	32:26.0
967	Ina Høines		NOR	1321	48:25.0	32:32.0
968	Linda Dahle Høines		NOR	1340	48:28.0	32:35.0
969	Kaltrina Murseli	Stol	NOR	876	48:38.0	32:45.0
970	Wenche Selliken Olsen	Skudeneshavn	NOR	872	48:42.0	32:49.0
970	Georg Hemnes	Stol	NOR	875	48:42.0	32:49.0
972	Olaug Aanerud	Haugesund	NOR	738	48:46.0	32:53.0
973	Beth Jannie Tveit Høvring	Kopervik	NOR	1143	48:48.0	32:55.0
974	Björg-Marie Larsen	Vormedal	NOR	327	48:50.0	32:57.0
974	Lise Brandal	Vormedal	NOR	328	48:50.0	32:57.0
976	Cassandra Torland	Kopervik	NOR	511	48:51.0	32:58.0
976	Glenn H Samuelsen	Kopervik	NOR	667	48:51.0	32:58.0
978	Wenche Dahle	Kopervik	NOR	668	48:55.0	33:02.0
979	Julian Pawells Nordbø	Sandve	NOR	160	49:05.0	33:12.0
979	Anne Terese Bunes	Åkrehamn	NOR	616	49:05.0	33:12.0
981	Ben Moore	Sævelandsvik	NOR	467	49:06.0	33:13.0
982	Jan Roar Nordbø	Sandve	NOR	159	49:07.0	33:14.0
983	Oliver Bridle	Haugesund	NOR	1178	49:08.0	33:15.0
984	Simon Kleivenes	Kolnes IL	NOR	939	49:09.0	33:16.0
984	Adelen Hovland	Åkrehamn	NOR	1303	49:09.0	33:16.0
986	Owen Austevik	Håvik	NOR	184	49:10.0	33:17.0
986	Lars Ove Kleivenes	Kolnes IL	NOR	936	49:10.0	33:17.0
986	Helena Dalva	Åkrehamn	NOR	1063	49:10.0	33:17.0
989	Sølvi Pawells Nordbø	Sandve	NOR	158	49:12.0	33:19.0
990	Reidulf Steinnes	Veavågen	NOR	103	49:13.0	33:20.0
990	Kristina Gustavsen		NOR	1304	49:13.0	33:20.0
992	Anne Helen Dalva	Åkrehamn	NOR	1062	49:15.0	33:22.0
993	Harald Stange	Kopervik	NOR	979	49:20.0	33:27.0
994	Ian Raymond Coury	Anita Saltnes Coury	NOR	31	49:22.0	33:29.0
994	Mads Stange	Kopervik	NOR	977	49:22.0	33:29.0
996	Anita Saltnes Coury	Anita Saltnes Coury	NOR	87	49:23.0	33:30.0
997	Hilde Elisabeth Lussand	Åkrehamn	NOR	1048	49:26.0	33:33.0

Alle 5 km

997	Else Alsaker	Åkrehamn	NOR	1329	49:26.0	33:33.0
999	Douglas Emmerhoff	Kopervik	NOR	893	49:27.0	33:34.0
1000	Svein Tore Kvamme	Karmsund	NOR	1135	49:29.0	33:36.0
1001	Christoffer Økland Oftedal	Vormedal	NOR	889	49:32.0	33:39.0
1002	Solveig Aalde Bark	Karmsund	NOR	1133	49:34.0	33:41.0
1003	Alma Haga Langåker	Sævelandsvik	NOR	1197	49:40.0	33:47.0
1004	Morten Knutsen		NOR	719	49:41.0	33:48.0
1005	Kjetil Knutzen	4270	NOR	450	49:43.0	33:50.0
1006	Tove Mette Pedersen Haga	Sævelandsvik	NOR	1198	49:45.0	33:52.0
1007	Anders Strand	Håvik	NOR	187	49:49.0	33:56.0
1007	Maren Strand	Håvik	NOR	188	49:49.0	33:56.0
1009	Kasper Grunnevåg	Kopervik	NOR	1007	49:50.0	33:57.0
1009	Mikkel Hop Håvarstein	Kopervik	NOR	1112	49:50.0	33:57.0
1011	Thomas Stangeland Rasmussen	Kopervik	NOR	180	49:52.0	33:59.0
1011	Christine Stangeland	Kopervik	NOR	1006	49:52.0	33:59.0
1011	Eivind Hop Håvarstein	Kopervik	NOR	1110	49:52.0	33:59.0
1014	Milena M.Trovåg	Tysvær Kajakk og Kano Klubb	NOR	59	49:53.0	34:00.0
1015	Liv Marit Stangeland	Kopervik	NOR	179	50:01.0	34:08.0
1016	Shital Bharate	Haugesund	NOR	627	50:09.0	34:16.0
1017	Richard Markeson	Kopervik	GBR	533	50:29.0	34:36.0
1017	Gunn Lise Markeson	Kopervik	NOR	534	50:29.0	34:36.0
1017	Mattias Markeson	Kopervik	NOR	535	50:29.0	34:36.0
1020	Audhild Tveit	Stol	NOR	1142	50:32.0	34:39.0
1021	Bjarne Nilsen	Kopervik	NOR	724	50:44.0	34:51.0
1022	Åse Tjøsvoll	Åkrehamn	NOR	468	50:46.0	34:53.0
1023	Kari Hauge Nilsen	Kopervik	NOR	1119	50:47.0	34:54.0
1024	Marianne Miljeteig	Vormedal	NOR	355	50:57.0	35:04.0
1025	Tomine Oa Eike	Kvalavåg	NOR	528	51:05.0	35:12.0
1026	Bente L. Tangen	Stol	NOR	12	51:06.0	35:13.0
1026	Annie Mannes		NOR	1275	51:06.0	35:13.0
1028	Charlotte Gilbu	Haugesund	NOR	1208	51:11.0	35:18.0
1028	Sondre Hansen	Haugesund	NOR	1209	51:11.0	35:18.0
1028	Kasper Hansen	Haugesund	NOR	1210	51:11.0	35:18.0
1031	Ann Kristin Håvås	Haugesund	NOR	1214	51:14.0	35:21.0
1031	Odin Berge-Håvås	Haugesund	NOR	1215	51:14.0	35:21.0
1033	Victoria Sund		NOR	710	51:16.0	35:23.0
1034	Sreelakshmi Narasimhan	Rambase	NOR	1103	51:17.0	35:24.0
1035	Borghild K Rasmussen Strand	Karmsund	NOR	150	51:19.0	35:26.0
1036	Astrid Marie Torkelsen	Vormedal	NOR	151	51:23.0	35:30.0
1036	Ann Kristin Eritzland	Karmsund	NOR	152	51:23.0	35:30.0
1038	Magnus Wathne	Haugesund	NOR	207	51:26.0	35:33.0
1039	Lillian Brun		NOR	712	51:27.0	35:34.0
1040	Hilde Frøvik	Torvastad	NOR	2	51:29.0	35:36.0
1041	Kjersti Wroldsen	Torvastad	NOR	101	51:30.0	35:37.0
1042	Jarle Rygg	Haugesund	NOR	601	51:31.0	35:38.0
1043	Marianne Skogland	Haugesund	NOR	209	51:34.0	35:41.0
1043	Tore Skogland	Haugesund	NOR	210	51:34.0	35:41.0
1045	Tafadzwa Mashango	Haugesund	NOR	759	51:40.0	35:47.0
1045	Otto Myge	Kopervik	NOR	1105	51:40.0	35:47.0
1047	Olivia Fredriksen	Torvastad	NOR	885	51:48.0	35:55.0

Alle 5 km

1048	Siv Helen Kold Kallevik	Håvik	NOR	120	51:49.0	35:56.0
1048	Clara Fredriksen	Torvastad	NOR	886	51:49.0	35:56.0
1050	Evy Ann Fredriksen	Torvastad	NOR	884	51:50.0	35:57.0
1051	Maliwan Kristiansen	Avaldsnes	NOR	409	51:57.0	36:04.0
1052	Thanikan Hansen	Haugesund	NOR	758	52:01.0	36:08.0
1053	Edvin Hettervik Trosnavåg	Bokn	NOR	286	52:04.0	36:11.0
1054	Liv Johanne Hettervik	Bokn	NOR	285	52:07.0	36:14.0
1055	Siri Hammerstad	Haugesund	NOR	924	52:11.0	36:18.0
1055	Oddvar Thune	Haugesund	NOR	925	52:11.0	36:18.0
1055	Beate Hop Håvarstein	Kopervik	NOR	1109	52:11.0	36:18.0
1058	Mari Hop Håvarstein	Kopervik	NOR	1111	52:14.0	36:21.0
1059	Elisabeth Bu	Kopervik	NOR	33	52:19.0	36:26.0
1060	Mia Bu	Kopervik	NOR	88	52:22.0	36:29.0
1061	Ingrid Mæland	Skudeneshavn	NOR	1234	52:43.0	36:50.0
1062	Roar Mæland	Skudeneshavn	NOR	1233	52:46.0	36:53.0
1063	Lise Heidi Larsen	Kvalavåg	NOR	251	52:48.0	36:55.0
1064	Else Solvang	Kopervik	NOR	62	52:50.0	36:57.0
1065	Gunnar Skår	Veavågen	NOR	591	52:52.0	36:59.0
1066	Jørgen Kallevik	Kopervik	NOR	952	53:01.0	37:08.0
1067	Frida Kallevik	Kopervik	NOR	954	53:08.0	37:15.0
1068	Agathe Kallevik	Kopervik	NOR	953	53:10.0	37:17.0
1068	Julian Kallevik	Kopervik	NOR	955	53:10.0	37:17.0
1070	Jenny Marie Østrem	Kopervik	NOR	915	53:17.0	37:24.0
1071	Oliver Sundeåsbo	Håvik	NOR	827	53:33.0	37:40.0
1072	Gunn Synnøve Høyland	Vormedal	NOR	675	53:36.0	37:43.0
1073	Gro Sunde	Håvik	NOR	819	53:37.0	37:44.0
1074	Kjell Terje Ragnvaldjord		NOR	1068	53:47.0	37:54.0
1075	Ina Ragnvaldjord		NOR	1066	53:48.0	37:55.0
1076	Laila Holberg Ragnvaldjord		NOR	1067	53:49.0	37:56.0
1077	Thomas Bremnes	Åkrehamn	NOR	1108	54:22.0	38:29.0
1078	Thomas Andre Ekerhovd		NOR	1107	54:23.0	38:30.0
1079	Cecilie Melkevik	Kopervik	NOR	6	54:57.0	39:04.0
1080	Randi Veronica Våge	Åkrehamn	NOR	84	54:58.0	39:05.0
1081	Anne Eleén Hettervik	Hervik	NOR	374	55:01.0	39:08.0
1082	Liliana Prytz Langåker	Torvastad	NOR	1194	55:07.0	39:14.0
1083	Tiril Ytreland Ørke	Torvastad	NOR	973	55:09.0	39:16.0
1084	Gunn Tranøy Sunde	Håvik	NOR	622	55:10.0	39:17.0
1085	Bente Kolbeinsvik	Haugesund Triatlon Klubb	NOR	115	55:11.0	39:18.0
1085	Tine Marlen Waller	Avaldsnes	NOR	879	55:11.0	39:18.0
1087	Gunbjørg Borgfrid Storesund	Haugesund	NOR	172	55:15.0	39:22.0
1088	Devina Stangeland-Vika	Torvastad	NOR	366	55:20.0	39:27.0
1089	Evy Kathrine Stangeland	Haugesund	NOR	365	55:23.0	39:30.0
1090	Svein Ståle Kolstø	Håvik	NOR	1261	55:24.0	39:31.0
1090	Inger Elise Kolstø	Håvik	NOR	1262	55:24.0	39:31.0
1092	Anders Ripnes	Haugesund	NOR	367	55:25.0	39:32.0
1092	Arnold Nilsen	Åkrehamn	NOR	1295	55:25.0	39:32.0
1094	Ida Marie Nilsen	Åkrehamn	NOR	1294	55:28.0	39:35.0
1095	Sven Ytreland Johannessen	Åkrehamn	NOR	1256	55:37.0	39:44.0
1096	Hannebeth Stange	Kopervik	NOR	976	55:39.0	39:46.0
1097	Johnny Johannessen	Åkrehamn	NOR	1258	55:40.0	39:47.0

Alle 5 km

1098	Audhild Ottøy	Audhild Ottøy	NOR	192	55:42.0	39:49.0
1098	Turid Ottøy	Kopervik	NOR	486	55:42.0	39:49.0
1100	Alfred Ytreland Johannessen	Åkrehamn	NOR	1255	55:43.0	39:50.0
1101	Anja Ytreland	Åkrehamn	NOR	1254	55:48.0	39:55.0
1102	Britt Mari Skjæveland	Førresfjorden	NOR	962	55:57.0	40:04.0
1103	Marianne Skjæveland	Åkrehamn	NOR	959	56:01.0	40:08.0
1104	Tor Anfinn Selliken	Skudeneshavn	NOR	346	56:36.0	40:43.0
1105	Ruth Merete Mikalsen	Veavågen	NOR	789	56:43.0	40:50.0
1106	Berit Henny Haaland	Torvastad	NOR	1281	56:44.0	40:51.0
1107	Siri Vinje Reiersen	Karmsund	NOR	582	56:46.0	40:53.0
1108	Ruth Irene Mikalsen	Nei	NOR	790	56:48.0	40:55.0
1108	Liv Jorunn Sandvik Vevatne	Bestemødre for mer Morro i Hverdagen	NOR	1270	56:48.0	40:55.0
1110	Kåre Reiersen	Skudeneshavn	NOR	584	56:50.0	40:57.0
1111	Svein Helge Torsteinsbø	Åkrehamn	NOR	769	56:52.0	40:59.0
1112	Hilde Marie Bergfjord	Kopervik	NOR	757	56:57.0	41:04.0
1113	Ella Sandsgaard Solvang	Haugesund	NOR	1285	57:03.0	41:10.0
1113	Kamilla Janina Adamkiewicz Bore		NOR	1306	57:03.0	41:10.0
1115	Synnøve Solvang	Haugesund	NOR	1284	57:05.0	41:12.0
1116	Evander Nybru	Aksdal	NOR	1183	57:09.0	41:16.0
1117	Marianne Nybru	Aksdal	NOR	1182	57:12.0	41:19.0
1118	Trond Eirik Hansen	Speira As	NOR	609	57:13.0	41:20.0
1118	Matheo Tvedt Hansen	Speira As	NOR	610	57:13.0	41:20.0
1118	Evine Marie Ytreland Ørke	Torvastad	NOR	974	57:13.0	41:20.0
1121	Vegard Austevik	Håvik	NOR	767	57:20.0	41:27.0
1122	Simon Reiersen Vågen	KIL	NOR	1072	57:25.0	41:32.0
1123	Evita Høyland	Kopervik	NOR	1030	57:26.0	41:33.0
1124	Maria Størkersen		NOR	1073	57:28.0	41:35.0
1124	Janette Nilsen		NOR	1084	57:28.0	41:35.0
1126	Inger-Lise Wegner	Røyksund	NOR	587	57:34.0	41:41.0
1127	Martin Austevik	Håvik	NOR	766	57:36.0	41:43.0
1128	Solveig Bystrøm	Haugesund	NOR	340	57:43.0	41:50.0
1129	Gunn Tove Flage	Vormedal	NOR	332	57:49.0	41:56.0
1130	Lorraine Minde Håland	Førresfjorden	NOR	326	57:50.0	41:57.0
1130	Aud Solveig Pedersen	Vormedal	NOR	929	57:50.0	41:57.0
1132	Silje Nilsen	Avaldsnes	NOR	119	59:08.0	43:15.0
1132	Thea Stave Bakken	Førresfjorden	NOR	226	59:08.0	43:15.0
1134	Jone Stueland	Skudeneshavn	NOR	353	59:47.0	43:54.0
1135	Andreas Bokneberg		NOR	727	59:50.0	43:57.0
1136	Iiam Solheim	Kopervik	NOR	821	59:52.0	43:59.0
1136	Thomas Langåker		NOR	1106	59:52.0	43:59.0
1138	Frida Møllerhaug	Haugesund	NOR	186	59:54.0	44:01.0
1138	Thomas Finshus	Førresfjorden	NOR	688	59:54.0	44:01.0
1140	Silje Sunde	Kopervik	NOR	822	59:55.0	44:02.0
1141	Ulrik Finshus	Førresfjorden	NOR	690	59:58.0	44:05.0
1142	Ingeborg Håland Bøhn	Kopervik	NOR	707	1:00:11.0	44:18.0
1143	Harald Hettervik	Vormedal	NOR	544	1:00:12.0	44:19.0
1144	Anne Hettervik	Haugesund	NOR	14	1:00:22.0	44:29.0
1144	Cristina Tvihaug	Vormedal	NOR	543	1:00:22.0	44:29.0
1146	Stella Holtskog-Nyhuus	Haugesund	NOR	1050	1:00:28.0	44:35.0
1147	Elin Sjøen	Kopervik	NOR	903	1:00:29.0	44:36.0

Alle 5 km

1148	Monica Therese Holtskog-Nyhuus	Haugesund	NOR	1096	1:00:30.0	44:37.0
1149	Thea Hinderaker Jakobsen	Avaldsnes	NOR	1120	1:00:41.0	44:48.0
1150	Frida Hinderaker	Avaldsnes	NOR	1152	1:00:43.0	44:50.0
1151	Stian Pedersen Kolletre	Åkrehamn	NOR	1154	1:00:44.0	44:51.0
1152	Alma Brun	Sabb Sprint	NOR	1010	1:00:52.0	44:59.0
1153	Håkon Knutsen Skeisvoll	Kopervik	NOR	1158	1:00:54.0	45:01.0
1154	Elisabet Knutsen	Kopervik	NOR	1159	1:01:05.0	45:12.0
1155	Oddvar Skeisvoll	Kopervik	NOR	1155	1:01:19.0	45:26.0
1156	Andrea M. Trovåg	Tysvær Kano og Kajakk Klubb	NOR	36	1:01:24.0	45:31.0
1157	Øystein Trovåg	Tysvær Kano og Kajakk Klubb	NOR	39	1:01:27.0	45:34.0
1158	Ina Moraru	Tysvær Kajakk og Kano Klubb	NOR	49	1:02:03.0	46:10.0
1159	Ingvild Sjo Fagerland	Solstein	NOR	722	1:02:06.0	46:13.0
1160	Anne Sofie Bårdsen		NOR	1078	1:02:19.0	46:26.0
1161	Mardon Kallevik	Kopervik	NOR	677	1:02:21.0	46:28.0
1162	Marianne K H Kallevik	Kopervik	DEN	678	1:02:24.0	46:31.0
1163	Kristine Thorsen Kvalevåg		NOR	713	1:04:51.0	48:58.0
1164	Agnetha Søvik Bustad		NOR	1283	1:04:54.0	49:01.0
1165	Steinar Hettervik Trosnavåg	Bokn	NOR	287	1:05:13.0	49:20.0
1166	Tone S. Hettervik	Hervik	NOR	243	1:05:20.0	49:27.0
1167	Elisabeth Bakken	Aksdal	NOR	244	1:05:21.0	49:28.0
1168	Audhild Stueland	Skudeneshavn	NOR	354	1:05:31.0	49:38.0
1169	Gunnar Stueland	Skudeneshavn	NOR	351	1:05:36.0	49:43.0
1170	Lana Gray	Kopervik	NOR	540	1:06:28.0	50:35.0
1171	Marit Bjelland	Haugesund	NOR	1177	1:07:24.0	51:31.0
1172	Markus Tveit Edvardsen		NOR	1264	1:07:54.0	52:01.0
1173	Rasmus Kvilhaugsvik	Åkrehamn	NOR	1266	1:08:24.0	52:31.0
1174	Mona Heimdal	Veavågen	NOR	841	1:09:53.0	54:00.0
1175	Emil Heimdal Hillesland	Veavågen	NOR	844	1:09:56.0	54:03.0
1176	Yngvar Maridal		NOR	725	1:14:45.0	58:52.0
1177	Solfrid Thingbø		NOR	1064	1:14:47.0	58:54.0
1177	Feruz Tekeste		NOR	1065	1:14:47.0	58:54.0
1179	Amalie Thorsvik		NOR	1077	1:14:55.0	59:02.0
1180	Emilie Holmen Olsen		NOR	1075	1:14:57.0	59:04.0
1181	Elias Heimdal Hillesland	Veavågen	NOR	843	1:16:37.0	1:00:44.0
1182	Ole Heimdal	Veavågen	NOR	842	1:16:44.0	1:00:51.0
1183	Monika Lie Alvestad	Kopervik	NOR	645	1:48:44.0	1:32:51.0
1184	Laila Kvilhaug		NOR	1310	1:48:58.0	1:33:05.0
1185	Reidun Iversen		NOR	1071	1:50:01.0	1:34:08.0
1186	Grete Iversen		NOR	1069	1:50:15.0	1:34:22.0
	June Kristin Strand	Kopervik	NOR	890	DNF	
	Birgitte Ytreland Ørke	Haugaland Kraft Bedriftsidrettslag	NOR	971	DNF	
	Casper Ytreland Ørke	Torvastad	NOR	972	DNF	
Fullførte: 1186		Påmeldte: 1340	Startende: 1340			